

SK≡PTIKO
science & spirituality

***9/11, JFK, COVID
ARE WE PART OF
THE SHOW?***

#511-BRUCE-DE-TORRES



1
00:00:04,150 --> 00:00:03,830
hello are you in that building we're

2
00:00:07,749 --> 00:00:04,160
still

3
00:00:10,230 --> 00:00:07,759
in the north tower sweetheart

4
00:00:12,230 --> 00:00:10,240
hey buddy we got an inferno on the north

5
00:00:13,749 --> 00:00:12,240
tower on 90 and above cannot take the

6
00:00:16,390 --> 00:00:13,759
elevators they are down

7
00:00:17,750 --> 00:00:16,400
that's charlie sheen and whoopi goldberg

8
00:00:21,109 --> 00:00:17,760
from one of the biggest

9
00:00:22,630 --> 00:00:21,119
bombs of the movie year 2017 that being

10
00:00:26,070 --> 00:00:22,640
the movie 911

11
00:00:27,670 --> 00:00:26,080
and of course it was a disaster because

12
00:00:30,470 --> 00:00:27,680
as you'll learn in today's interview

13
00:00:32,470 --> 00:00:30,480

with very excellent bruce de torres

14

00:00:35,030 --> 00:00:32,480

we all already know what happened with 9

15

00:00:37,990 --> 00:00:35,040

11. what's really interesting

16

00:00:39,190 --> 00:00:38,000

is how we continue to process what we

17

00:00:42,069 --> 00:00:39,200

know

18

00:00:42,630 --> 00:00:42,079

i mean feeding the beast on a personal

19

00:00:45,750 --> 00:00:42,640

level

20

00:00:48,869 --> 00:00:45,760

anna i know enough about 911

21

00:00:50,310 --> 00:00:48,879

i got it it was an inside job i know

22

00:00:53,910 --> 00:00:50,320

enough about jfk

23

00:00:54,630 --> 00:00:53,920

i got it it was an inside job why do i

24

00:00:58,069 --> 00:00:54,640

need

25

00:00:58,950 --> 00:00:58,079

to personally feed the beast don't i

26

00:01:01,830 --> 00:00:58,960

need to

27

00:01:02,389 --> 00:01:01,840

as you're talking about be with people

28

00:01:04,950 --> 00:01:02,399

just

29

00:01:06,710 --> 00:01:04,960

really be present on stage because we're

30

00:01:10,070 --> 00:01:06,720

all on stage

31

00:01:11,030 --> 00:01:10,080

yes and we are the show and we are the

32

00:01:13,830 --> 00:01:11,040

audience

33

00:01:14,469 --> 00:01:13,840

and if we are here because we intended

34

00:01:16,789 --> 00:01:14,479

to be

35

00:01:18,789 --> 00:01:16,799

because we are the manifestation of our

36

00:01:23,109 --> 00:01:18,799

own intention to exist

37

00:01:26,390 --> 00:01:23,119

i like to think that we have 100

38

00:01:30,950 --> 00:01:26,400

power because we have 100

39

00:01:32,149 --> 00:01:30,960

responsibility for what things are to us

40

00:01:34,310 --> 00:01:32,159

and then we've got a level of

41

00:01:38,310 --> 00:01:34,320

responsibility for what we actually

42

00:01:41,190 --> 00:01:38,320

cause and create we have to

43

00:01:43,109 --> 00:01:41,200

parent ourselves we have to pretend that

44

00:01:46,310 --> 00:01:43,119

we were raised

45

00:01:48,870 --> 00:01:46,320

by perfect parents a mother

46

00:01:49,670 --> 00:01:48,880

who loved and reassured us and comforted

47

00:01:52,789 --> 00:01:49,680

us when we fell

48

00:01:55,590 --> 00:01:52,799

down scraped our knee there there

49

00:01:57,109 --> 00:01:55,600

you're not alone rock and hold and

50

00:01:58,950 --> 00:01:57,119

you're gonna be okay

51
00:02:01,350 --> 00:01:58,960
and we have to pretend we had a perfect

52
00:02:04,469 --> 00:02:01,360
father who i

53
00:02:07,109 --> 00:02:04,479
say his job is to fire us

54
00:02:09,109 --> 00:02:07,119
up to say you can do it come on we got a

55
00:02:11,350 --> 00:02:09,119
lot to do today we got a lot of wood to

56
00:02:12,790 --> 00:02:11,360
chop we have a lot of animals to catch

57
00:02:14,550 --> 00:02:12,800
we're going to make mistakes we're going

58
00:02:16,470 --> 00:02:14,560
to lose the tools we're going to break a

59
00:02:18,150 --> 00:02:16,480
bone you might lose a tooth

60
00:02:20,070 --> 00:02:18,160
and we're going to clean ourselves up

61
00:02:21,270 --> 00:02:20,080
we're going to have a big meal we get to

62
00:02:22,630 --> 00:02:21,280
go to bed exhausted

63
00:02:24,630 --> 00:02:22,640

and we get to do it all over again

64

00:02:26,229 --> 00:02:24,640

tomorrow come on

65

00:02:28,070 --> 00:02:26,239

and all that leads back to the

66

00:02:28,869 --> 00:02:28,080

reoccurring question of this show over

67

00:02:32,710 --> 00:02:28,879

the last couple

68

00:02:36,070 --> 00:02:32,720

years what's this evil thing

69

00:02:38,550 --> 00:02:36,080

all about let's say we took

70

00:02:39,589 --> 00:02:38,560

the rich and powerful and we put them on

71

00:02:43,030 --> 00:02:39,599

a bell curve

72

00:02:45,030 --> 00:02:43,040

of evilness they'd fit

73

00:02:46,309 --> 00:02:45,040

they'd fit they wouldn't all be on one

74

00:02:47,990 --> 00:02:46,319

side of that curve of

75

00:02:50,390 --> 00:02:48,000

oh you're rich and powerful therefore

76

00:02:51,990 --> 00:02:50,400

you're evil it's quite liberating to

77

00:02:53,509 --> 00:02:52,000

imagine the quote unquote rich and

78

00:02:54,790 --> 00:02:53,519

powerful the elite of the elite the one

79

00:02:57,110 --> 00:02:54,800

percent of the one percent

80

00:02:58,229 --> 00:02:57,120

who who have their hands on the levers

81

00:03:00,229 --> 00:02:58,239

of control

82

00:03:02,390 --> 00:03:00,239

fit into the bell curve that at one

83

00:03:05,990 --> 00:03:02,400

fringe there are supremely

84

00:03:07,990 --> 00:03:06,000

psychopathic and evil tyrannical tyrants

85

00:03:09,750 --> 00:03:08,000

and at the other hand are folks who

86

00:03:12,470 --> 00:03:09,760

would be saint-like

87

00:03:14,070 --> 00:03:12,480

and benef-benevolent to us right and the

88

00:03:16,550 --> 00:03:14,080

vast majority in the middle

89

00:03:18,309 --> 00:03:16,560

just muddle through and whoever is in

90

00:03:20,149 --> 00:03:18,319

charge today they're just gonna they get

91

00:03:21,110 --> 00:03:20,159

they'll be evil if evil's in charge they

92

00:03:23,910 --> 00:03:21,120

just don't care

93

00:03:25,589 --> 00:03:23,920

they're just gonna waddle through

94

00:03:27,110 --> 00:03:25,599

because if you have a belly full of

95

00:03:29,350 --> 00:03:27,120

food we've never had this in our

96

00:03:30,309 --> 00:03:29,360

evolutionary history until the last 150

97

00:03:34,710 --> 00:03:30,319

years

98

00:03:37,910 --> 00:03:34,720

a belly full of food and decent shelter

99

00:03:40,149 --> 00:03:37,920

turn that tv on i don't want to think

100

00:03:41,990 --> 00:03:40,159

what's there to think about how can i

101
00:03:43,750 --> 00:03:42,000

improve this

102
00:03:46,630 --> 00:03:43,760

i really really enjoyed the chance to

103
00:03:49,589 --> 00:03:46,640

have this dialogue with bruce detours

104
00:03:51,670 --> 00:03:49,599

hope you enjoy it too welcome to

105
00:03:53,509 --> 00:03:51,680

skeptico where we explore controversial

106
00:03:55,589 --> 00:03:53,519

science and spirituality

107
00:03:58,070 --> 00:03:55,599

with leading researchers thinkers and

108
00:04:01,110 --> 00:03:58,080

their critics i'm your host alex sacaris

109
00:04:02,710 --> 00:04:01,120

and today we welcome bruce de torres to

110
00:04:05,429 --> 00:04:02,720

skeptico

111
00:04:07,110 --> 00:04:05,439

and he's here to talk about an

112
00:04:08,789 --> 00:04:07,120

interesting book we're just chatting

113
00:04:11,429 --> 00:04:08,799

just a second ago about i'm

114

00:04:13,270 --> 00:04:11,439

very very very grateful that he reached

115

00:04:14,630 --> 00:04:13,280

out to me about this book because it's

116

00:04:17,110 --> 00:04:14,640

such a

117

00:04:18,150 --> 00:04:17,120

a skeptical kind of book in so many ways

118

00:04:22,950 --> 00:04:18,160

it's titled

119

00:04:24,950 --> 00:04:22,960

god school 911 and jfk

120

00:04:28,629 --> 00:04:24,960

the lies that are killing us in the

121

00:04:31,270 --> 00:04:28,639

truth that sets us free bruce welcome to

122

00:04:34,870 --> 00:04:31,280

skeptica thanks for joining me

123

00:04:37,350 --> 00:04:34,880

my pleasure thanks for having me alex

124

00:04:38,150 --> 00:04:37,360

so let's start with kind of the classic

125

00:04:40,550 --> 00:04:38,160

kind of thing

126

00:04:41,189 --> 00:04:40,560

tell folks a little bit about yourself

127

00:04:44,469 --> 00:04:41,199

you have an

128

00:04:46,150 --> 00:04:44,479

interesting background especially in

129

00:04:47,270 --> 00:04:46,160

terms of you know a lot of people i've

130

00:04:49,830 --> 00:04:47,280

spoken to

131

00:04:51,670 --> 00:04:49,840

on skeptico you're more of a you know

132

00:04:55,030 --> 00:04:51,680

fine arts guy

133

00:04:57,990 --> 00:04:55,040

uh acting musicals

134

00:04:59,749 --> 00:04:58,000

directing that kind of stuff and yet

135

00:05:01,510 --> 00:04:59,759

you're kind of entering this world that

136

00:05:02,710 --> 00:05:01,520

that intersects with some of the stuff

137

00:05:05,270 --> 00:05:02,720

that i've done so

138

00:05:06,950 --> 00:05:05,280

tell us about that tell us who you are

139

00:05:09,990 --> 00:05:06,960

well sure and thanks

140

00:05:13,430 --> 00:05:10,000

i was an actor

141

00:05:16,550 --> 00:05:13,440

in into my 30s it's all i had

142

00:05:19,990 --> 00:05:16,560

uh wanted to do

143

00:05:22,469 --> 00:05:20,000

and i also was a lifelong reader i

144

00:05:24,550 --> 00:05:22,479

fell in love with reading way back in

145

00:05:25,670 --> 00:05:24,560

the first grade so those were kind of

146

00:05:28,550 --> 00:05:25,680

the perfect storm

147

00:05:31,590 --> 00:05:28,560

for some things that happened in my 30s

148

00:05:34,150 --> 00:05:31,600

basically as i practiced acting

149

00:05:35,990 --> 00:05:34,160

it refined itself into the specific

150

00:05:38,150 --> 00:05:36,000

point of

151

00:05:41,350 --> 00:05:38,160

laying all my attention on my scene

152

00:05:43,670 --> 00:05:41,360

partner specifically i was coached

153

00:05:45,590 --> 00:05:43,680

let my performance come out of me in

154

00:05:49,110 --> 00:05:45,600

response to what my scene partner was

155

00:05:52,870 --> 00:05:49,120

doing right there in the present moment

156

00:05:56,150 --> 00:05:52,880

and it transformed that

157

00:05:58,070 --> 00:05:56,160

night on stage what that experience was

158

00:05:58,790 --> 00:05:58,080

alex so to kind of fast forward the

159

00:06:01,749 --> 00:05:58,800

answer

160

00:06:03,430 --> 00:06:01,759

can i interject something don't don't

161

00:06:05,430 --> 00:06:03,440

fast forward i think

162

00:06:06,710 --> 00:06:05,440

i thought that was a very interesting

163

00:06:08,390 --> 00:06:06,720

part it was

164

00:06:10,390 --> 00:06:08,400

the kind of because we've heard about

165

00:06:12,629 --> 00:06:10,400

this those of us who have not been in

166

00:06:14,469 --> 00:06:12,639

acting we've heard about this kind of

167

00:06:17,510 --> 00:06:14,479

transcendental nature

168

00:06:19,110 --> 00:06:17,520

particularly as it relates to being in

169

00:06:20,790 --> 00:06:19,120

the moment which kind of

170

00:06:22,150 --> 00:06:20,800

connects with all these other spiritual

171

00:06:24,469 --> 00:06:22,160

traditions and

172

00:06:26,469 --> 00:06:24,479

and you are talking about experiencing

173

00:06:28,230 --> 00:06:26,479

that in a very real way

174

00:06:30,150 --> 00:06:28,240

and i don't want to just blow past it

175

00:06:32,150 --> 00:06:30,160

like well you know and other actors

176

00:06:34,710 --> 00:06:32,160

no man it was significant to you it was

177

00:06:37,189 --> 00:06:34,720

significant to a lot of other people

178

00:06:38,950 --> 00:06:37,199

in your field talk about that a little

179

00:06:42,309 --> 00:06:38,960

bit

180

00:06:45,990 --> 00:06:42,319

okay it was astounding

181

00:06:48,309 --> 00:06:46,000

um the way i say it in my book is i

182

00:06:49,749 --> 00:06:48,319

paid attention to my scene partners that

183

00:06:52,870 --> 00:06:49,759

night

184

00:06:55,029 --> 00:06:52,880

like like my life depended on it and i

185

00:06:56,469 --> 00:06:55,039

this is this is probably the exact

186

00:06:58,390 --> 00:06:56,479

language because i worked hard on the

187

00:07:02,710 --> 00:06:58,400

language i refined it

188

00:07:04,790 --> 00:07:02,720

i followed their speeds and volumes

189

00:07:06,230 --> 00:07:04,800

rising and falling and accelerating and

190

00:07:07,990 --> 00:07:06,240

slowing down everything they did

191

00:07:10,390 --> 00:07:08,000

according to what i was

192

00:07:12,150 --> 00:07:10,400

getting and working off of them and i

193

00:07:13,909 --> 00:07:12,160

said my lines as my breathing

194

00:07:15,749 --> 00:07:13,919

at those moments just happened to

195

00:07:17,990 --> 00:07:15,759

produce them and

196

00:07:19,830 --> 00:07:18,000

the audience exploded with laughter and

197

00:07:23,909 --> 00:07:19,840

in in a nutshell and i'll

198

00:07:27,909 --> 00:07:23,919

spell it out precisely

199

00:07:29,510 --> 00:07:27,919

for the first time on stage i i wasn't

200

00:07:31,110 --> 00:07:29,520

thinking at all about giving a

201
00:07:33,830 --> 00:07:31,120
performance

202
00:07:36,150 --> 00:07:33,840
i was focused on watching and seeing

203
00:07:38,550 --> 00:07:36,160
their performances i wanted to see i

204
00:07:40,629 --> 00:07:38,560
didn't want to miss a thing they did

205
00:07:43,029 --> 00:07:40,639
so i paid attention like my life was at

206
00:07:46,869 --> 00:07:43,039
stake i had never been so

207
00:07:49,510 --> 00:07:46,879
interested on stage before and

208
00:07:50,950 --> 00:07:49,520
i'll say it made i'd never been so

209
00:07:53,029 --> 00:07:50,960
interesting

210
00:07:54,309 --> 00:07:53,039
on stage before alex because i got back

211
00:07:55,990 --> 00:07:54,319
to new york

212
00:07:58,469 --> 00:07:56,000
we were doing that in pennsylvania that

213
00:07:59,189 --> 00:07:58,479

play and it seemed like i got cast in

214

00:08:01,670 --> 00:07:59,199

everything i

215

00:08:02,710 --> 00:08:01,680

auditioned for because it eradicated any

216

00:08:05,029 --> 00:08:02,720

self-consciousness

217

00:08:07,749 --> 00:08:05,039

it eradicated most of the fear there was

218

00:08:11,350 --> 00:08:07,759

always some nerves before an audition

219

00:08:13,909 --> 00:08:11,360

but as i remember to

220

00:08:16,230 --> 00:08:13,919

pay attention and see exactly how my

221

00:08:19,589 --> 00:08:16,240

quote-unquote scene partner

222

00:08:21,670 --> 00:08:19,599

what they're doing how they're listening

223

00:08:23,990 --> 00:08:21,680

to to never lose them and never let them

224

00:08:28,550 --> 00:08:24,000

lose me

225

00:08:32,230 --> 00:08:28,560

i i had the kind of

226

00:08:33,110 --> 00:08:32,240

uh oceanic is the word some folks have

227

00:08:35,909 --> 00:08:33,120

used

228

00:08:37,829 --> 00:08:35,919

the experience of the the melding and

229

00:08:39,269 --> 00:08:37,839

the merging and the sharing and the

230

00:08:41,190 --> 00:08:39,279

bonding

231

00:08:43,269 --> 00:08:41,200

and you know i've since read so much

232

00:08:46,790 --> 00:08:43,279

about reality and philosophy

233

00:08:49,269 --> 00:08:46,800

and mysticism to know that you know

234

00:08:50,630 --> 00:08:49,279

i become one with whatever i'm you know

235

00:08:53,990 --> 00:08:50,640

what i

236

00:08:57,030 --> 00:08:54,000

so that was amazing but i was unprepared

237

00:08:58,949 --> 00:08:57,040

and you know this from the book i

238

00:09:01,269 --> 00:08:58,959

started paying attention to people in

239

00:09:02,710 --> 00:09:01,279

real life the way i did on stage and i

240

00:09:05,829 --> 00:09:02,720

realized

241

00:09:06,630 --> 00:09:05,839

i had so many habits i call them well

242

00:09:09,110 --> 00:09:06,640

others call them

243

00:09:11,430 --> 00:09:09,120

you know rackets and habits of

244

00:09:12,070 --> 00:09:11,440

competition and immaturity alex that

245

00:09:13,829 --> 00:09:12,080

that just

246

00:09:15,750 --> 00:09:13,839

devastated me and i had to bring my

247

00:09:18,870 --> 00:09:15,760

whole life to a halt

248

00:09:20,870 --> 00:09:18,880

to re-evaluate oh my gosh

249

00:09:22,790 --> 00:09:20,880

and it was it was a it was a it was a

250

00:09:23,509 --> 00:09:22,800

horrible moment yet it was the best

251
00:09:25,269 --> 00:09:23,519
thing that

252
00:09:28,230 --> 00:09:25,279
had ever happened to me because it made

253
00:09:33,509 --> 00:09:30,230
surrender kind of like an alcoholic who

254
00:09:35,910 --> 00:09:33,519
finally goes to hey hey

255
00:09:38,230 --> 00:09:35,920
all my tricks don't work anymore i want

256
00:09:41,750 --> 00:09:38,240
to start from scratch and it all

257
00:09:43,430 --> 00:09:41,760
began just with paying attention and

258
00:09:45,430 --> 00:09:43,440
then doing a lot of journaling a lot of

259
00:09:47,430 --> 00:09:45,440
the soul searching a lot of the real

260
00:09:48,829 --> 00:09:47,440
work that humans have to do to figure

261
00:09:51,910 --> 00:09:48,839
out

262
00:09:56,230 --> 00:09:51,920
who am i what

263
00:09:59,670 --> 00:09:56,240

what do i want why why am i here

264

00:10:01,509 --> 00:09:59,680

and i decided to stick around because it

265

00:10:03,269 --> 00:10:01,519

was a real existential crisis i really

266

00:10:04,949 --> 00:10:03,279

hated myself i hated the way i treated

267

00:10:06,470 --> 00:10:04,959

people i hated how immature i was i

268

00:10:07,670 --> 00:10:06,480

couldn't believe how immature i was in

269

00:10:10,310 --> 00:10:07,680

my 30s

270

00:10:11,910 --> 00:10:10,320

it was so unacceptable it was so

271

00:10:14,069 --> 00:10:11,920

unacceptable

272

00:10:16,150 --> 00:10:14,079

but i decided to stick around as i

273

00:10:19,350 --> 00:10:16,160

thought just to see what would happen

274

00:10:21,670 --> 00:10:19,360

next and then i uh

275

00:10:22,790 --> 00:10:21,680

read a book that had an idea about

276

00:10:24,949 --> 00:10:22,800

energy

277

00:10:26,870 --> 00:10:24,959

it was think and grow rich of all things

278

00:10:29,670 --> 00:10:26,880

you know by napoleon hill

279

00:10:30,630 --> 00:10:29,680

which talks about thoughts i think a

280

00:10:33,750 --> 00:10:30,640

spiritual book

281

00:10:37,030 --> 00:10:33,760

in so many ways yeah many ways right

282

00:10:40,630 --> 00:10:37,040

many many ways and um

283

00:10:43,110 --> 00:10:40,640

shall i continue with the narrative or

284

00:10:43,910 --> 00:10:43,120

um um sure or or you know we could

285

00:10:47,030 --> 00:10:43,920

actually

286

00:10:47,430 --> 00:10:47,040

leap right from there into the book and

287

00:10:50,790 --> 00:10:47,440

way

288

00:10:54,550 --> 00:10:50,800

because your book god school 911

289

00:10:57,190 --> 00:10:54,560

and jfk is in a lot of ways

290

00:10:57,750 --> 00:10:57,200

kind of this spiritual deep dive as well

291

00:10:59,670 --> 00:10:57,760

i mean

292

00:11:01,350 --> 00:10:59,680

it's a history book one of the chapters

293

00:11:03,509 --> 00:11:01,360

of the book is

294

00:11:05,750 --> 00:11:03,519

a brief history of the united states

295

00:11:08,069 --> 00:11:05,760

that could also be the title of the book

296

00:11:09,350 --> 00:11:08,079

history the united states but instead

297

00:11:13,110 --> 00:11:09,360

you sandwich it between

298

00:11:16,949 --> 00:11:13,120

very big picture

299

00:11:17,990 --> 00:11:16,959

universe unity consciousness we're all

300

00:11:20,389 --> 00:11:18,000

love

301
00:11:21,910 --> 00:11:20,399
and the end of the book that says ah you

302
00:11:23,430 --> 00:11:21,920
know i talked about all this stuff but

303
00:11:25,110 --> 00:11:23,440
in the end it's all about love it's all

304
00:11:27,990 --> 00:11:25,120
about human consciousness

305
00:11:28,710 --> 00:11:28,000
so we have these two kind of bookends

306
00:11:32,069 --> 00:11:28,720
that does

307
00:11:33,350 --> 00:11:32,079
kind of leave this big question

308
00:11:35,030 --> 00:11:33,360
and i think this is like one of the

309
00:11:36,630 --> 00:11:35,040
fundamental questions and one of the

310
00:11:38,310 --> 00:11:36,640
level three questions that i like to

311
00:11:41,350 --> 00:11:38,320
talk about you know because like

312
00:11:41,990 --> 00:11:41,360
i was just mentioning this book people

313
00:11:45,269 --> 00:11:42,000

check it out

314

00:11:45,990 --> 00:11:45,279

because it's like it's great it has a

315

00:11:48,949 --> 00:11:46,000

certain

316

00:11:50,150 --> 00:11:48,959

almost lyrical quality to it the way you

317

00:11:52,310 --> 00:11:50,160

bounce from

318

00:11:54,949 --> 00:11:52,320

one topic to another in just one

319

00:11:56,870 --> 00:11:54,959

sentence after another is just

320

00:11:59,350 --> 00:11:56,880

a bombshell if you haven't heard this

321

00:12:01,430 --> 00:11:59,360

stuff you know alexander hamilton has a

322

00:12:03,030 --> 00:12:01,440

the same pyramid that you see on the

323

00:12:06,150 --> 00:12:03,040

dollar bill on his

324

00:12:07,430 --> 00:12:06,160

grave you know you're like whoa i didn't

325

00:12:09,910 --> 00:12:07,440

know what does that mean

326

00:12:10,710 --> 00:12:09,920

is that really true all the free so but

327

00:12:13,509 --> 00:12:10,720

then you just

328

00:12:15,670 --> 00:12:13,519

move on to the next thing without really

329

00:12:15,990 --> 00:12:15,680

belaboring it but i have to say as i

330

00:12:17,350 --> 00:12:16,000

said

331

00:12:19,350 --> 00:12:17,360

you know when we're chatting for just a

332

00:12:22,389 --> 00:12:19,360

second

333

00:12:25,030 --> 00:12:22,399

this book is also an invitation to this

334

00:12:26,870 --> 00:12:25,040

deeper conversation what i call these

335

00:12:28,870 --> 00:12:26,880

level three conversations which you're

336

00:12:32,389 --> 00:12:28,880

just alluding to which is

337

00:12:35,910 --> 00:12:32,399

what then does this all mean

338

00:12:36,949 --> 00:12:35,920

so i want to keep bouncing back and

339

00:12:40,949 --> 00:12:36,959

forth

340

00:12:44,470 --> 00:12:40,959

between the stuff jfk 911

341

00:12:47,430 --> 00:12:44,480

you know jfk 60 years ago 9 11

342

00:12:49,269 --> 00:12:47,440

20 freaking years ago this is history

343

00:12:51,829 --> 00:12:49,279

there's so many people you know my kids

344

00:12:53,990 --> 00:12:51,839

they know that they relate to this in

345

00:12:55,829 --> 00:12:54,000

the same way that you and i relate to

346

00:12:57,269 --> 00:12:55,839

the history that we are from parents and

347

00:13:00,310 --> 00:12:57,279

grandparents we're like

348

00:13:03,030 --> 00:13:00,320

yada yada you know just kind of

349

00:13:05,269 --> 00:13:03,040

so do you do you know what i mean i mean

350

00:13:09,190 --> 00:13:05,279

this is really i think our challenge

351
00:13:12,870 --> 00:13:09,200
in this interview and in a larger sense

352
00:13:15,190 --> 00:13:12,880
in this ongoing dialogue is like

353
00:13:16,870 --> 00:13:15,200
how do we relate to this history because

354
00:13:19,509 --> 00:13:16,880
i think that's what your book

355
00:13:21,670 --> 00:13:19,519
in a way essentially is about is like

356
00:13:25,190 --> 00:13:21,680
here's the history as messed up

357
00:13:26,550 --> 00:13:25,200
as it is and then how do we relate to it

358
00:13:28,389 --> 00:13:26,560
what what do you think about that is

359
00:13:29,829 --> 00:13:28,399
that a good way to to can we frame it up

360
00:13:32,230 --> 00:13:29,839
this way or is that gonna

361
00:13:34,949 --> 00:13:32,240
oh i think you nailed it and in fact i

362
00:13:36,550 --> 00:13:34,959
worked on it for years and years alex

363
00:13:38,150 --> 00:13:36,560

and there were many many times where i

364

00:13:40,310 --> 00:13:38,160

thought oh this is good

365

00:13:41,350 --> 00:13:40,320

stuff oh there's going to be a handful

366

00:13:44,870 --> 00:13:41,360

of people

367

00:13:48,470 --> 00:13:44,880

who get it exactly the way i think

368

00:13:49,910 --> 00:13:48,480

i'm saying it and alex you're reflecting

369

00:13:52,550 --> 00:13:49,920

back to me

370

00:13:53,269 --> 00:13:52,560

some of the greatest fondest hopes i had

371

00:13:57,990 --> 00:13:53,279

for

372

00:14:00,550 --> 00:13:58,000

what this book could be to some people

373

00:14:02,470 --> 00:14:00,560

so oh you know the angels are singing

374

00:14:04,550 --> 00:14:02,480

right now for me because

375

00:14:06,389 --> 00:14:04,560

you write such a thing all alone for

376

00:14:07,670 --> 00:14:06,399

years and years and years and you you

377

00:14:09,750 --> 00:14:07,680

wrestle with

378

00:14:10,790 --> 00:14:09,760

paragraphs and sentences should it be

379

00:14:12,710 --> 00:14:10,800

this should it be that

380

00:14:15,189 --> 00:14:12,720

have i said too much am i saying too

381

00:14:17,269 --> 00:14:15,199

little so for you to have said all that

382

00:14:20,710 --> 00:14:17,279

alex okay so

383

00:14:23,829 --> 00:14:20,720

yeah i i'm right on board and uh

384

00:14:26,470 --> 00:14:23,839

how you framed what what the book is and

385

00:14:28,870 --> 00:14:26,480

what i'm what i'm trying to say

386

00:14:31,590 --> 00:14:28,880

and i tried to i tried to stay on point

387

00:14:33,590 --> 00:14:31,600

which is

388

00:14:34,710 --> 00:14:33,600

the truth sets us free it's good to know

389

00:14:37,750 --> 00:14:34,720

the truth of

390

00:14:39,750 --> 00:14:37,760

all the stuff that's in the book pulling

391

00:14:41,750 --> 00:14:39,760

back right to your question

392

00:14:42,949 --> 00:14:41,760

originally all i was gonna write was a

393

00:14:44,949 --> 00:14:42,959

book about

394

00:14:46,710 --> 00:14:44,959

my thoughts about what energy and what

395

00:14:48,389 --> 00:14:46,720

energy and consciousness is

396

00:14:50,150 --> 00:14:48,399

because i was excited about that that's

397

00:14:51,350 --> 00:14:50,160

all i you know that's what i set out to

398

00:14:53,509 --> 00:14:51,360

write

399

00:14:55,670 --> 00:14:53,519

i should recount that i think just to

400

00:14:57,670 --> 00:14:55,680

for those who are listening

401
00:15:00,310 --> 00:14:57,680
what the idea that i got about energy

402
00:15:03,829 --> 00:15:00,320
that i thought was unique

403
00:15:06,310 --> 00:15:03,839
was if energy

404
00:15:07,509 --> 00:15:06,320
burst into existence 14 billion years

405
00:15:10,829 --> 00:15:07,519
ago to become this

406
00:15:12,790 --> 00:15:10,839
universe and everything in it that's a

407
00:15:15,189 --> 00:15:12,800
theory

408
00:15:17,030 --> 00:15:15,199
i thought oh and the black napoleon hill

409
00:15:18,629 --> 00:15:17,040
said thoughts become things because

410
00:15:21,990 --> 00:15:18,639
they're made out of energy

411
00:15:23,750 --> 00:15:22,000
okay i thought buddha said that

412
00:15:25,910 --> 00:15:23,760
well i'm just kidding because it's you

413
00:15:27,269 --> 00:15:25,920

know sure go ahead right yeah absolutely

414

00:15:28,949 --> 00:15:27,279

right right well i'm just following the

415

00:15:30,629 --> 00:15:28,959

narrative of

416

00:15:32,230 --> 00:15:30,639

the inspiration for for what i was

417

00:15:33,910 --> 00:15:32,240

writing but yes it's everywhere and

418

00:15:35,910 --> 00:15:33,920

that's

419

00:15:37,350 --> 00:15:35,920

thrilling because it's corroborative you

420

00:15:40,389 --> 00:15:37,360

know

421

00:15:43,110 --> 00:15:40,399

but i thought okay um

422

00:15:44,949 --> 00:15:43,120

why did if energy did that burst into

423

00:15:45,430 --> 00:15:44,959

existence because to become you me and

424

00:15:48,150 --> 00:15:45,440

everything

425

00:15:49,670 --> 00:15:48,160

why and i had the simple thought because

426

00:15:53,829 --> 00:15:49,680

it wanted to

427

00:15:56,629 --> 00:15:53,839

is energy the intention to exist

428

00:15:58,790 --> 00:15:56,639

so now pretend i'm jumping up and down

429

00:16:01,350 --> 00:15:58,800

and yelling at the top of my lungs

430

00:16:03,509 --> 00:16:01,360

the way that that blew my mind because

431

00:16:05,749 --> 00:16:03,519

it explained to me

432

00:16:07,990 --> 00:16:05,759

how all the soul searching i had just

433

00:16:10,069 --> 00:16:08,000

done why do i think what i do why do i

434

00:16:13,030 --> 00:16:10,079

have these habits

435

00:16:14,550 --> 00:16:13,040

i recognize any way i want to look at

436

00:16:15,189 --> 00:16:14,560

anything any questions i want to ask

437

00:16:17,670 --> 00:16:15,199

myself

438

00:16:18,389 --> 00:16:17,680

those answers will come rushing almost

439

00:16:20,710 --> 00:16:18,399

attracted

440

00:16:21,990 --> 00:16:20,720

law of attraction whatever any whatever

441

00:16:23,749 --> 00:16:22,000

i want to look for however

442

00:16:25,269 --> 00:16:23,759

i want to see things that's how i can

443

00:16:28,710 --> 00:16:25,279

see it

444

00:16:31,030 --> 00:16:28,720

and dare we hope that as we

445

00:16:32,629 --> 00:16:31,040

cherish a thought and give it lots of

446

00:16:34,790 --> 00:16:32,639

love and energy and attention and

447

00:16:35,590 --> 00:16:34,800

gratitude and live as if it's already

448

00:16:38,230 --> 00:16:35,600

real

449

00:16:39,189 --> 00:16:38,240

do we start seeing those things in our

450

00:16:42,230 --> 00:16:39,199

real lives

451
00:16:44,710 --> 00:16:42,240
i'll say yes that's my testimony that's

452
00:16:46,949 --> 00:16:44,720
my personal experience

453
00:16:48,389 --> 00:16:46,959
so this is i got excited about these

454
00:16:50,710 --> 00:16:48,399
ideas that this is a completely

455
00:16:53,189 --> 00:16:50,720
spiritual realm

456
00:16:55,189 --> 00:16:53,199
to see our creator everywhere if the

457
00:16:57,110 --> 00:16:55,199
intention to exist is our creator

458
00:17:00,310 --> 00:16:57,120
because it came into existence

459
00:17:04,150 --> 00:17:00,320
to be you and me to see

460
00:17:06,150 --> 00:17:04,160
our creator everywhere makes this heaven

461
00:17:09,029 --> 00:17:06,160
i go and i explore all this in a number

462
00:17:11,189 --> 00:17:09,039
of pages in the book

463
00:17:12,870 --> 00:17:11,199

whether we are the one eternal thing

464

00:17:15,909 --> 00:17:12,880

that existed

465

00:17:17,829 --> 00:17:15,919

and when you're eternal

466

00:17:19,189 --> 00:17:17,839

the only thing you don't have is perhaps

467

00:17:21,669 --> 00:17:19,199

someone to talk to so

468

00:17:22,470 --> 00:17:21,679

it the one and only is appearing to

469

00:17:25,270 --> 00:17:22,480

itself

470

00:17:25,750 --> 00:17:25,280

ourself as alex talking to bruce has

471

00:17:29,669 --> 00:17:25,760

bruce

472

00:17:31,909 --> 00:17:29,679

talking to you and

473

00:17:33,270 --> 00:17:31,919

well that that's how i felt on stage

474

00:17:34,950 --> 00:17:33,280

when i bonded and connected to the

475

00:17:35,350 --> 00:17:34,960

people i paid attention to as if they're

476
00:17:36,630 --> 00:17:35,360
worth

477
00:17:38,230 --> 00:17:36,640
paying attention to that's what i

478
00:17:39,669 --> 00:17:38,240
discovered on stage bruce why don't you

479
00:17:41,750 --> 00:17:39,679
pay attention to people as if

480
00:17:43,190 --> 00:17:41,760
they're worth paying attention to and

481
00:17:44,950 --> 00:17:43,200
then i felt loved

482
00:17:46,390 --> 00:17:44,960
and then i've dealt that with the folks

483
00:17:49,270 --> 00:17:46,400
in my real life

484
00:17:51,110 --> 00:17:49,280
and had to had to just retool my whole

485
00:17:53,029 --> 00:17:51,120
life to orient myself towards feeling

486
00:17:55,510 --> 00:17:53,039
safe feeling everything is okay

487
00:17:57,110 --> 00:17:55,520
i'm unharmable things are lovable

488
00:17:59,029 --> 00:17:57,120

because i say they are things

489

00:18:01,510 --> 00:17:59,039

things become lovable when i decide to

490

00:18:03,430 --> 00:18:01,520

love them and i go on and on and explore

491

00:18:05,350 --> 00:18:03,440

that in a lot of ways in the book

492

00:18:07,510 --> 00:18:05,360

oh and alex back to your very astute

493

00:18:08,310 --> 00:18:07,520

observation about those sentences in my

494

00:18:10,630 --> 00:18:08,320

book

495

00:18:11,909 --> 00:18:10,640

i wanted i used to love going into

496

00:18:13,510 --> 00:18:11,919

bookstores

497

00:18:14,950 --> 00:18:13,520

discovering a book i'd never imagined

498

00:18:16,390 --> 00:18:14,960

before and

499

00:18:18,310 --> 00:18:16,400

not being able to put it down because it

500

00:18:20,390 --> 00:18:18,320

was so compelling that's

501
00:18:21,750 --> 00:18:20,400
the quality i wanted in my writing is

502
00:18:24,710 --> 00:18:21,760
that if

503
00:18:26,950 --> 00:18:24,720
you are lucky enough to pick up my book

504
00:18:30,230 --> 00:18:26,960
in a bookstore or anywhere

505
00:18:32,710 --> 00:18:30,240
i wanted to grab your eyeballs

506
00:18:35,029 --> 00:18:32,720
and pull you scented like just they are

507
00:18:36,950 --> 00:18:35,039
irresistible rungs of a ladder that you

508
00:18:38,070 --> 00:18:36,960
just have to keep going through going

509
00:18:41,990 --> 00:18:38,080
through going through

510
00:18:45,110 --> 00:18:42,000
and also reading so much about all of my

511
00:18:46,710 --> 00:18:45,120
topics i didn't want to say anything i

512
00:18:48,390 --> 00:18:46,720
didn't have to that's already well

513
00:18:50,070 --> 00:18:48,400

covered in those other books all my

514

00:18:51,909 --> 00:18:50,080

sources and those are in the back of my

515

00:18:53,190 --> 00:18:51,919

book there's 46 pages of sources in the

516

00:18:56,150 --> 00:18:53,200

back of my book

517

00:18:57,590 --> 00:18:56,160

so like you observe you know i say

518

00:18:58,549 --> 00:18:57,600

something in a sentence i don't really

519

00:19:01,350 --> 00:18:58,559

elaborate

520

00:19:02,070 --> 00:19:01,360

i go to the next development i want to

521

00:19:04,070 --> 00:19:02,080

kind of

522

00:19:05,430 --> 00:19:04,080

talk about and i did intend it to be a

523

00:19:07,110 --> 00:19:05,440

great handbook

524

00:19:09,669 --> 00:19:07,120

to someone who's skeptical about

525

00:19:09,990 --> 00:19:09,679

so-called conspiracy theories or what's

526

00:19:11,990 --> 00:19:10,000

real

527

00:19:13,830 --> 00:19:12,000

and what's fake or what's the true

528

00:19:14,870 --> 00:19:13,840

history of some things i wanted my book

529

00:19:17,590 --> 00:19:14,880

to be

530

00:19:19,270 --> 00:19:17,600

a very valuable tool for that purpose

531

00:19:22,070 --> 00:19:19,280

for a newbie so to speak

532

00:19:23,990 --> 00:19:22,080

okay so great and it accomplishes that

533

00:19:26,070 --> 00:19:24,000

goal in a lot of ways

534

00:19:27,830 --> 00:19:26,080

but man this is where we're gonna have

535

00:19:30,950 --> 00:19:27,840

the level three kind of

536

00:19:34,310 --> 00:19:30,960

conversation because as soon as you

537

00:19:36,150 --> 00:19:34,320

venture into the historian role

538

00:19:38,150 --> 00:19:36,160

you know brief history of the united

539

00:19:41,430 --> 00:19:38,160

states kind of thing

540

00:19:43,830 --> 00:19:41,440

it's tough and i'd go from the from the

541

00:19:46,950 --> 00:19:43,840

super big way that it's tough

542

00:19:49,270 --> 00:19:46,960

and that is are we feeding the beast

543

00:19:52,070 --> 00:19:49,280

you know because part of this is this

544

00:19:54,630 --> 00:19:52,080

desire we have to know and to know

545

00:19:56,150 --> 00:19:54,640

and to know and there's a spiritual side

546

00:19:57,350 --> 00:19:56,160

of that that we've talked already so

547

00:20:00,630 --> 00:19:57,360

much about because

548

00:20:01,909 --> 00:20:00,640

look let me digress which is maybe i do

549

00:20:04,950 --> 00:20:01,919

too much but

550

00:20:06,230 --> 00:20:04,960

this is not a spiritual book per se the

551
00:20:09,430 --> 00:20:06,240
majority of the book

552
00:20:10,470 --> 00:20:09,440
by quantity is something that people who

553
00:20:13,430 --> 00:20:10,480
are comfortable with

554
00:20:14,950 --> 00:20:13,440
exploring parapolitical conspiratorial

555
00:20:16,390 --> 00:20:14,960
ideas

556
00:20:17,990 --> 00:20:16,400
would be super comfortable with it's

557
00:20:19,590 --> 00:20:18,000
just a ton of information

558
00:20:21,190 --> 00:20:19,600
like you said i love the sources because

559
00:20:23,750 --> 00:20:21,200
you really do kind of this

560
00:20:25,190 --> 00:20:23,760
extended bibliography that almost reads

561
00:20:27,430 --> 00:20:25,200
like an extended

562
00:20:28,230 --> 00:20:27,440
table of contents somebody can jump to

563
00:20:30,630 --> 00:20:28,240

the sources

564

00:20:31,830 --> 00:20:30,640

and just read it you know and and you

565

00:20:33,510 --> 00:20:31,840

can learn a lot

566

00:20:34,950 --> 00:20:33,520

and then you can also say i want to jump

567

00:20:37,669 --> 00:20:34,960

to this point that point

568

00:20:39,190 --> 00:20:37,679

that is the body of the book but given

569

00:20:41,510 --> 00:20:39,200

that that's the body the book

570

00:20:42,789 --> 00:20:41,520

here's the feed the beast issue it's

571

00:20:46,630 --> 00:20:42,799

like

572

00:20:49,750 --> 00:20:46,640

if none of that if the ultimate end

573

00:20:53,350 --> 00:20:49,760

message is unity consciousness

574

00:20:55,430 --> 00:20:53,360

is spirituality is connection

575

00:20:57,510 --> 00:20:55,440

why do we want to focus so much on that

576

00:20:59,590 --> 00:20:57,520

are we are we feeding the beast are we

577

00:21:01,029 --> 00:20:59,600

staring into the abyss and why would we

578

00:21:02,630 --> 00:21:01,039

want to do that and i realize we're

579

00:21:04,230 --> 00:21:02,640

jumping way ahead

580

00:21:07,190 --> 00:21:04,240

but let's do that because we don't want

581

00:21:10,789 --> 00:21:07,200

to just talk about 9 11 in school and

582

00:21:14,070 --> 00:21:10,799

jfk you you've just framed

583

00:21:14,870 --> 00:21:14,080

the single purpose or intention that i

584

00:21:18,149 --> 00:21:14,880

imagined

585

00:21:19,270 --> 00:21:18,159

for the book which is i was writing this

586

00:21:21,990 --> 00:21:19,280

book about

587

00:21:22,470 --> 00:21:22,000

energy and consciousness and spiritual

588

00:21:27,590 --> 00:21:22,480

nature

589

00:21:30,470 --> 00:21:27,600

reality etc union and then

590

00:21:31,990 --> 00:21:30,480

discovered 911 was an inside job

591

00:21:35,590 --> 00:21:32,000

obsessed about that and

592

00:21:36,950 --> 00:21:35,600

the energy book was in a drawer i had

593

00:21:41,590 --> 00:21:36,960

i had written what i wanted to write

594

00:21:45,590 --> 00:21:41,600

about it was about 39 or 41 pages alex

595

00:21:47,830 --> 00:21:45,600

okay and then i got obsessed about

596

00:21:48,870 --> 00:21:47,840

quote-unquote truth of the world's

597

00:21:52,710 --> 00:21:48,880

events

598

00:21:55,350 --> 00:21:52,720

for 10 years i studied all that stuff

599

00:21:57,270 --> 00:21:55,360

never thinking that i was going to put

600

00:21:58,310 --> 00:21:57,280

it in a book or put it in my book and in

601
00:22:01,110 --> 00:21:58,320
2014

602
00:22:03,190 --> 00:22:01,120
i got the idea that those are problems

603
00:22:06,870 --> 00:22:03,200
solved by the truth

604
00:22:08,870 --> 00:22:06,880
the truth of their nature

605
00:22:11,190 --> 00:22:08,880
as opposed to the official stories that

606
00:22:12,950 --> 00:22:11,200
are lies that are used to manipulate and

607
00:22:14,230 --> 00:22:12,960
exploit us and do a lot of damage and

608
00:22:17,750 --> 00:22:14,240
cause a lot of harm

609
00:22:21,909 --> 00:22:17,760
and also the truth of our nature because

610
00:22:24,390 --> 00:22:21,919
the beast is slain when we recognize

611
00:22:26,149 --> 00:22:24,400
it's just like the movie the matrix

612
00:22:31,190 --> 00:22:26,159
there is no beast

613
00:22:34,789 --> 00:22:31,200

or if there's a beast we am it

614

00:22:36,630 --> 00:22:34,799

no it's our perception etc etc

615

00:22:38,149 --> 00:22:36,640

we can get very prac we can explore

616

00:22:39,909 --> 00:22:38,159

practice how do you live this is the

617

00:22:40,549 --> 00:22:39,919

conundrum of good and evil you know if

618

00:22:42,390 --> 00:22:40,559

there's a good

619

00:22:44,870 --> 00:22:42,400

god in the universe why does he like

620

00:22:45,430 --> 00:22:44,880

good things bad things happen to good

621

00:22:48,630 --> 00:22:45,440

people

622

00:22:49,110 --> 00:22:48,640

this is level three and as adults and as

623

00:22:52,310 --> 00:22:49,120

a man

624

00:22:54,630 --> 00:22:52,320

my age recognizing

625

00:22:55,750 --> 00:22:54,640

i'm a general right now in like in a

626

00:23:00,070 --> 00:22:55,760

tribal

627

00:23:03,750 --> 00:23:00,080

arc of youth to warrior to

628

00:23:06,310 --> 00:23:03,760

general or or you know manager

629

00:23:08,070 --> 00:23:06,320

we're not chiefs yet you and i you know

630

00:23:09,990 --> 00:23:08,080

they they say very little

631

00:23:11,270 --> 00:23:10,000

and we go to them when we really can't

632

00:23:13,510 --> 00:23:11,280

solve anything but they're

633

00:23:15,029 --> 00:23:13,520

watching us they've got no teeth they're

634

00:23:16,710 --> 00:23:15,039

very weak

635

00:23:18,310 --> 00:23:16,720

they're watching how you and i manage

636

00:23:20,390 --> 00:23:18,320

affairs because we're at the managerial

637

00:23:22,230 --> 00:23:20,400

level for life for the tribe to take

638

00:23:24,789 --> 00:23:22,240

care of the first thing is our own

639

00:23:25,669 --> 00:23:24,799

soul our own peace you know i'm very

640

00:23:27,270 --> 00:23:25,679

inspired

641

00:23:29,510 --> 00:23:27,280

there's nothing there's not a lot about

642

00:23:31,430 --> 00:23:29,520

in the book maybe next to nothing

643

00:23:33,510 --> 00:23:31,440

very inspired by the native american

644

00:23:36,070 --> 00:23:33,520

traditions their relationship to spirit

645

00:23:37,909 --> 00:23:36,080

what they felt reality was

646

00:23:39,350 --> 00:23:37,919

and to summon that and to live in that

647

00:23:45,350 --> 00:23:39,360

space

648

00:23:47,590 --> 00:23:45,360

rituals that

649

00:23:49,430 --> 00:23:47,600

you know free us from the ego to dance

650

00:23:50,470 --> 00:23:49,440

in a frenzy at night around a fire in

651
00:23:54,630 --> 00:23:50,480
order

652
00:23:55,750 --> 00:23:54,640
to to to to kick up our heels and forget

653
00:23:58,310 --> 00:23:55,760
our troubles

654
00:23:59,750 --> 00:23:58,320
because we've got to tell ourselves we

655
00:24:02,830 --> 00:23:59,760
can handle the truth because

656
00:24:05,590 --> 00:24:02,840
at the objective material day-to-day

657
00:24:07,590 --> 00:24:05,600
level

658
00:24:09,269 --> 00:24:07,600
there's there's really really

659
00:24:10,310 --> 00:24:09,279
frightening and horrible and mean and

660
00:24:12,710 --> 00:24:10,320
painful

661
00:24:14,549 --> 00:24:12,720
suffering that's happening out there and

662
00:24:16,630 --> 00:24:14,559
the level three question is

663
00:24:18,950 --> 00:24:16,640

what do these what good are these very

664

00:24:20,710 --> 00:24:18,960

fairy ideas day to day bruce when i'm

665

00:24:21,590 --> 00:24:20,720

trying to make a living and my wife and

666

00:24:23,190 --> 00:24:21,600

i are arguing

667

00:24:24,630 --> 00:24:23,200

we don't have enough money for this any

668

00:24:27,029 --> 00:24:24,640

other thing and

669

00:24:28,870 --> 00:24:27,039

is this real or not should i get this

670

00:24:31,909 --> 00:24:28,880

injection should i not

671

00:24:32,950 --> 00:24:31,919

yeah and it's i'm convinced and this is

672

00:24:35,350 --> 00:24:32,960

not easy because i'm

673

00:24:37,669 --> 00:24:35,360

we're all just humans and we all have

674

00:24:41,190 --> 00:24:37,679

runaway minds and fears

675

00:24:43,350 --> 00:24:41,200

until we decide to work with them

676

00:24:44,310 --> 00:24:43,360

we have runaway minds and fears until we

677

00:24:47,510 --> 00:24:44,320

decide to work

678

00:24:50,230 --> 00:24:47,520

on that why what am i afraid of and why

679

00:24:51,669 --> 00:24:50,240

or we dive into alcohol drugs and

680

00:24:54,070 --> 00:24:51,679

mindless distractions

681

00:24:54,789 --> 00:24:54,080

and those addictions one way or the

682

00:24:56,390 --> 00:24:54,799

other

683

00:24:58,390 --> 00:24:56,400

we're going to either anesthetize

684

00:24:59,750 --> 00:24:58,400

ourselves or we're going to take some

685

00:25:00,630 --> 00:24:59,760

deep breaths and we're going to try to

686

00:25:02,789 --> 00:25:00,640

cultivate

687

00:25:05,750 --> 00:25:02,799

and feel what's real and what i say in

688

00:25:09,830 --> 00:25:08,230

maybe try the answer somewhere is listen

689

00:25:13,190 --> 00:25:09,840

we gotta we gotta get alone

690

00:25:16,470 --> 00:25:13,200

we've gotta cultivate peaceful mind

691

00:25:17,029 --> 00:25:16,480

an open heart and and feel what's real

692

00:25:19,510 --> 00:25:17,039

if we can

693

00:25:20,310 --> 00:25:19,520

quiet the mind i don't think anyone says

694

00:25:23,029 --> 00:25:20,320

we can never

695

00:25:24,549 --> 00:25:23,039

stop thoughts completely but if we can

696

00:25:27,269 --> 00:25:24,559

quiet them enough

697

00:25:27,990 --> 00:25:27,279

we can feel what's real and paying

698

00:25:31,430 --> 00:25:28,000

attention is

699

00:25:35,430 --> 00:25:31,440

the is the tactic to to experience

700

00:25:37,750 --> 00:25:35,440

see feel what's real and i'm claiming

701
00:25:39,430 --> 00:25:37,760
it's love and when we look in the eyes

702
00:25:40,470 --> 00:25:39,440
of someone else who wants to look in our

703
00:25:42,149 --> 00:25:40,480
eyes

704
00:25:44,230 --> 00:25:42,159
what we see is the exact same

705
00:25:45,029 --> 00:25:44,240
consciousness we see and feel ourself

706
00:25:48,070 --> 00:25:45,039
because

707
00:25:49,510 --> 00:25:48,080
i claim at that level where only love is

708
00:25:50,630 --> 00:25:49,520
real and everything is love or

709
00:25:52,390 --> 00:25:50,640
everything is energy

710
00:25:54,310 --> 00:25:52,400
love and energy energy are just words

711
00:25:56,789 --> 00:25:54,320
for what is

712
00:25:58,390 --> 00:25:56,799
it's it's a unity it's us so when we

713
00:25:59,990 --> 00:25:58,400

look in each other's eyes we and

714

00:26:02,950 --> 00:26:00,000

with someone that we love and we care

715

00:26:03,750 --> 00:26:02,960

about we see love we see ourselves it's

716

00:26:08,630 --> 00:26:03,760

a reflection

717

00:26:11,110 --> 00:26:08,640

it's uh

718

00:26:12,630 --> 00:26:11,120

those those are reasons to be cheerful

719

00:26:15,269 --> 00:26:12,640

now how does one anyone

720

00:26:15,669 --> 00:26:15,279

apply that that's very individual what's

721

00:26:17,190 --> 00:26:15,679

yours

722

00:26:19,110 --> 00:26:17,200

you know what does that all mean to you

723

00:26:21,029 --> 00:26:19,120

alex that's kind of what it means to me

724

00:26:22,549 --> 00:26:21,039

what does all that mean to you you know

725

00:26:23,830 --> 00:26:22,559

well i guess one of the things i was

726

00:26:26,870 --> 00:26:23,840

driving towards

727

00:26:28,950 --> 00:26:26,880

because i honestly struggle with this

728

00:26:30,070 --> 00:26:28,960

both personally and i see the struggle

729

00:26:31,669 --> 00:26:30,080

within

730

00:26:33,510 --> 00:26:31,679

this community that i've kind of

731

00:26:34,190 --> 00:26:33,520

stumbled into because i didn't start

732

00:26:36,710 --> 00:26:34,200

with the

733

00:26:38,710 --> 00:26:36,720

conspiratorial community i didn't really

734

00:26:41,029 --> 00:26:38,720

start with a conspiratorial bent

735

00:26:42,310 --> 00:26:41,039

i didn't know any of that stuff when i

736

00:26:43,990 --> 00:26:42,320

started skeptico

737

00:26:46,870 --> 00:26:44,000

and i really started from kind of a

738

00:26:48,630 --> 00:26:46,880

scientific angle just because

739

00:26:51,110 --> 00:26:48,640

the biological robot meaningless

740

00:26:53,350 --> 00:26:51,120

universe thing seemed like [h__h]

741

00:26:55,430 --> 00:26:53,360

and i want to prove it and that's what

742

00:26:58,789 --> 00:26:55,440

led me to the conspiracy

743

00:27:00,789 --> 00:26:58,799

but you know jfk was

744

00:27:02,789 --> 00:27:00,799

really interesting it wasn't really my

745

00:27:03,830 --> 00:27:02,799

time but looking into it at just a

746

00:27:06,549 --> 00:27:03,840

fantastic

747

00:27:08,390 --> 00:27:06,559

story what the [h__h] else do i need to

748

00:27:11,750 --> 00:27:08,400

know about jfk

749

00:27:12,310 --> 00:27:11,760

i find it infinitely interesting i love

750

00:27:15,110 --> 00:27:12,320

it i

751
00:27:17,510 --> 00:27:15,120
i'm always digging into new information

752
00:27:19,510 --> 00:27:17,520
but to me it's like reading comic books

753
00:27:20,710 --> 00:27:19,520
i don't pretend that that is going to

754
00:27:24,789 --> 00:27:20,720
inform

755
00:27:28,070 --> 00:27:24,799
my spiritual uh understanding

756
00:27:29,190 --> 00:27:28,080
and i i do worry about killing up

757
00:27:31,669 --> 00:27:29,200
another podcast

758
00:27:33,590 --> 00:27:31,679
on jfk because i look at myself and i

759
00:27:36,950 --> 00:27:33,600
say am i feeding the beast

760
00:27:40,310 --> 00:27:36,960
am i feeding somehow my desire to

761
00:27:42,070 --> 00:27:40,320
know to know something to know something

762
00:27:44,389 --> 00:27:42,080
that somebody else doesn't know

763
00:27:46,070 --> 00:27:44,399

because i'm there i am there with that

764

00:27:48,630 --> 00:27:46,080

energy i'm not denying it

765

00:27:49,510 --> 00:27:48,640

it's it's it's fed me for a long time

766

00:27:51,110 --> 00:27:49,520

but i see the

767

00:27:53,350 --> 00:27:51,120

the if we're gonna have this level three

768

00:27:54,310 --> 00:27:53,360

discussion i also see the other part of

769

00:27:57,350 --> 00:27:54,320

that it says

770

00:27:58,549 --> 00:27:57,360

why do i want to feel superior to

771

00:28:01,269 --> 00:27:58,559

someone else

772

00:28:02,870 --> 00:28:01,279

because i know something and at the same

773

00:28:05,029 --> 00:28:02,880

time i can't

774

00:28:07,269 --> 00:28:05,039

resist that urge because when i see

775

00:28:07,990 --> 00:28:07,279

people are so [\h__\h] stupid because

776

00:28:10,630 --> 00:28:08,000

they don't

777

00:28:12,149 --> 00:28:10,640

know something i'm like why are you

778

00:28:14,389 --> 00:28:12,159

allowing that willful

779

00:28:16,070 --> 00:28:14,399

ignorance to dominate your life and to

780

00:28:17,990 --> 00:28:16,080

make your decisions and

781

00:28:19,190 --> 00:28:18,000

you're wearing the mask and you're all

782

00:28:20,789 --> 00:28:19,200

alone in the car

783

00:28:22,310 --> 00:28:20,799

and you're like how are you even

784

00:28:23,990 --> 00:28:22,320

functioning but you know what they are

785

00:28:27,110 --> 00:28:24,000

functioning

786

00:28:29,269 --> 00:28:27,120

i just had so let me let me

787

00:28:30,470 --> 00:28:29,279

pause there because now you know what i

788

00:28:33,269 --> 00:28:30,480

mean about feeding the beast

789

00:28:33,830 --> 00:28:33,279

i mean feeding the beast on a personal

790

00:28:36,950 --> 00:28:33,840

level

791

00:28:40,070 --> 00:28:36,960

anna i know enough about 911.

792

00:28:41,510 --> 00:28:40,080

i got it it was an inside job i know

793

00:28:45,110 --> 00:28:41,520

enough about jfk

794

00:28:45,830 --> 00:28:45,120

i got it it was an inside job why do i

795

00:28:49,269 --> 00:28:45,840

need

796

00:28:50,149 --> 00:28:49,279

to personally feed the beast don't i

797

00:28:53,029 --> 00:28:50,159

need to

798

00:28:53,590 --> 00:28:53,039

as you're talking about be with people

799

00:28:56,149 --> 00:28:53,600

just

800

00:28:58,710 --> 00:28:56,159

really be present on stage because we're

801
00:29:01,269 --> 00:28:58,720
all on stage yes

802
00:29:02,950 --> 00:29:01,279
and we are the show and we are the

803
00:29:06,710 --> 00:29:02,960
audience

804
00:29:07,830 --> 00:29:06,720
and we if we are here because we

805
00:29:10,070 --> 00:29:07,840
intended to be

806
00:29:12,149 --> 00:29:10,080
because we are the manifestation of our

807
00:29:16,470 --> 00:29:12,159
own intention to exist

808
00:29:19,750 --> 00:29:16,480
i like to think that we have 100

809
00:29:24,230 --> 00:29:19,760
power because we have 100

810
00:29:25,510 --> 00:29:24,240
responsibility for what things are to us

811
00:29:27,590 --> 00:29:25,520
and then we've got a level of

812
00:29:31,269 --> 00:29:27,600
responsibility for what we actually

813
00:29:32,789 --> 00:29:31,279

cause and create so two great handles

814

00:29:34,230 --> 00:29:32,799

that i hold on to that really really

815

00:29:35,190 --> 00:29:34,240

work for me this is the best thing about

816

00:29:37,029 --> 00:29:35,200

ideas it's like

817

00:29:39,269 --> 00:29:37,039

they fire me up they don't have to be

818

00:29:41,350 --> 00:29:39,279

true they fire me up and i choose to

819

00:29:44,389 --> 00:29:41,360

pursue being fired up

820

00:29:47,269 --> 00:29:44,399

is we have to

821

00:29:49,269 --> 00:29:47,279

parent ourselves we have to pretend that

822

00:29:52,389 --> 00:29:49,279

we were raised

823

00:29:54,950 --> 00:29:52,399

by perfect parents a mother

824

00:29:57,510 --> 00:29:54,960

who loved and reassured us and comforted

825

00:30:00,789 --> 00:29:57,520

us when we fell down scraped our knee

826

00:30:04,070 --> 00:30:00,799

there there and you're not alone rock

827

00:30:06,870 --> 00:30:04,080

and hold and you're gonna be okay

828

00:30:08,710 --> 00:30:06,880

we have to love ourselves like that and

829

00:30:09,830 --> 00:30:08,720

we have to pretend we had a perfect

830

00:30:13,269 --> 00:30:09,840

father

831

00:30:16,310 --> 00:30:13,279

who i say his job is to

832

00:30:18,310 --> 00:30:16,320

fire us up to say you can do it come on

833

00:30:20,470 --> 00:30:18,320

we got a lot to do today we got a lot of

834

00:30:21,029 --> 00:30:20,480

wood to chop we have a lot of animals to

835

00:30:22,549 --> 00:30:21,039

catch

836

00:30:24,549 --> 00:30:22,559

we're gonna make mistakes we're gonna

837

00:30:26,149 --> 00:30:24,559

lose the tools we're gonna break a bone

838

00:30:28,070 --> 00:30:26,159

you might lose a tooth

839

00:30:30,070 --> 00:30:28,080

and we're gonna clean ourselves up we're

840

00:30:30,950 --> 00:30:30,080

gonna have a big meal we get to go to

841

00:30:32,310 --> 00:30:30,960

bed exhausted

842

00:30:35,269 --> 00:30:32,320

and we get to do it all over again

843

00:30:36,389 --> 00:30:35,279

tomorrow come on to encourage so mothers

844

00:30:38,470 --> 00:30:36,399

love

845

00:30:39,870 --> 00:30:38,480

they're there we're safe alex we're safe

846

00:30:43,909 --> 00:30:39,880

we're safe

847

00:30:45,029 --> 00:30:43,919

especially if death is just a transition

848

00:30:47,590 --> 00:30:45,039

to

849

00:30:49,269 --> 00:30:47,600

experiencing ah our real self our

850

00:30:51,029 --> 00:30:49,279

transcendent self

851
00:30:52,549 --> 00:30:51,039
we never really could be harmed

852
00:30:53,909 --> 00:30:52,559
everything's we're always okay for

853
00:30:56,389 --> 00:30:53,919
eternity

854
00:30:57,110 --> 00:30:56,399
you know and then to fire ourselves up

855
00:30:58,549 --> 00:30:57,120
so

856
00:31:00,870 --> 00:30:58,559
when i'm alone and freaked out and

857
00:31:01,830 --> 00:31:00,880
wondering you know why do this why do

858
00:31:03,750 --> 00:31:01,840
that

859
00:31:04,870 --> 00:31:03,760
am i going to have enough for retirement

860
00:31:08,070 --> 00:31:04,880
all the

861
00:31:13,430 --> 00:31:11,590
beastly scary thoughts i can i can get

862
00:31:16,789 --> 00:31:13,440
for myself

863
00:31:18,950 --> 00:31:16,799

i've practiced practice practice

864

00:31:20,549 --> 00:31:18,960

writing and rehearsing and remembering

865

00:31:21,269 --> 00:31:20,559

and writing and rehearsing and

866

00:31:24,630 --> 00:31:21,279

remembering

867

00:31:28,950 --> 00:31:24,640

these ways of looking at it to just

868

00:31:31,110 --> 00:31:28,960

to summon like a native american

869

00:31:32,070 --> 00:31:31,120

thank you all the fathers and all the

870

00:31:35,430 --> 00:31:32,080

mothers and all the

871

00:31:38,310 --> 00:31:35,440

who are here right now

872

00:31:39,830 --> 00:31:38,320

show me what i need to see give me what

873

00:31:42,549 --> 00:31:39,840

i need to know

874

00:31:43,990 --> 00:31:42,559

let me serve let me help let me serve

875

00:31:45,669 --> 00:31:44,000

because it's everything's got to flow we

876

00:31:49,029 --> 00:31:45,679

can't hold on to anything

877

00:31:50,630 --> 00:31:49,039

not a fear not even an obsession we have

878

00:31:53,669 --> 00:31:50,640

it's all got to flow it comes through us

879

00:31:56,789 --> 00:31:53,679

so we can give it and as much as we can

880

00:32:00,230 --> 00:31:56,799

shape it toward being good parenting

881

00:32:03,909 --> 00:32:00,240

as i think of you as a human

882

00:32:07,350 --> 00:32:03,919

who needs the great love of a mother

883

00:32:10,630 --> 00:32:07,360

and the great encouragement of a father

884

00:32:13,830 --> 00:32:10,640

and choose to talk to you like that

885

00:32:15,630 --> 00:32:13,840

i'm feeling it and it becomes you know

886

00:32:17,669 --> 00:32:15,640

that self-fulfilling thing that that

887

00:32:20,310 --> 00:32:17,679

self-experiencing thing

888

00:32:21,350 --> 00:32:20,320

and it's it's my fantasy that this is

889

00:32:25,990 --> 00:32:21,360

what

890

00:32:28,070 --> 00:32:26,000

because i need it so bad that it works

891

00:32:29,509 --> 00:32:28,080

so well for me let's and

892

00:32:31,190 --> 00:32:29,519

as i've been unfolding the book in the

893

00:32:33,269 --> 00:32:31,200

last couple of months

894

00:32:34,630 --> 00:32:33,279

uh it's it's kind of you know things are

895

00:32:36,149 --> 00:32:34,640

kind of happening without

896

00:32:37,830 --> 00:32:36,159

a lot of effort i follow through i'm a

897

00:32:40,630 --> 00:32:37,840

professional i know what i want

898

00:32:42,950 --> 00:32:40,640

but it's it just i seem to be kind of in

899

00:32:45,269 --> 00:32:42,960

a zone that i belong in

900

00:32:47,190 --> 00:32:45,279

and you know that's me trying to talk

901
00:32:50,070 --> 00:32:47,200
all around these issues right now

902
00:32:50,950 --> 00:32:50,080
you know so no that is that is uh

903
00:32:56,149 --> 00:32:50,960
beautiful

904
00:32:59,909 --> 00:32:56,159
let me pull you back though

905
00:33:02,549 --> 00:32:59,919
the truth do we risk becoming obsessed

906
00:33:03,669 --> 00:33:02,559
with the truth just like we can become

907
00:33:05,509 --> 00:33:03,679
obsessed with

908
00:33:06,789 --> 00:33:05,519
anything i keep hammering on the same

909
00:33:08,149 --> 00:33:06,799
question i'm going to hammer it from a

910
00:33:10,870 --> 00:33:08,159
different way

911
00:33:12,630 --> 00:33:10,880
is that when we really look at the

912
00:33:14,389 --> 00:33:12,640
motivations

913
00:33:15,750 --> 00:33:14,399

at least what we suspect to be the

914

00:33:19,590 --> 00:33:15,760

motivations

915

00:33:21,350 --> 00:33:19,600

behind these evil doers which i love

916

00:33:24,230 --> 00:33:21,360

that phrase right evil doers

917

00:33:25,830 --> 00:33:24,240

for history lesson who said evil doers

918

00:33:29,990 --> 00:33:25,840

oh w didn't he

919

00:33:34,950 --> 00:33:33,509

evil doers because he was the ultimate

920

00:33:37,430 --> 00:33:34,960

evil doer wasn't he

921

00:33:39,029 --> 00:33:37,440

i mean if you really look into him his

922

00:33:40,710 --> 00:33:39,039

dad was an evil doer but he really

923

00:33:41,190 --> 00:33:40,720

stepped up the game in terms of evil

924

00:33:42,549 --> 00:33:41,200

doers

925

00:33:44,310 --> 00:33:42,559

and those are really a lot of times the

926

00:33:46,070 --> 00:33:44,320

people that talk about evil doers

927

00:33:47,590 --> 00:33:46,080

so but if we look at the motivations

928

00:33:49,190 --> 00:33:47,600

behind these people

929

00:33:51,110 --> 00:33:49,200

part of it you know you look at that

930

00:33:52,549 --> 00:33:51,120

evil doer and part of it is like the

931

00:33:55,350 --> 00:33:52,559

whole you know

932

00:33:57,110 --> 00:33:55,360

skull and bones thing and it's like i

933

00:33:57,909 --> 00:33:57,120

can't tell you because it's a sacred

934

00:34:01,430 --> 00:33:57,919

ain't it

935

00:34:02,230 --> 00:34:01,440

and it's like not just you can't handle

936

00:34:04,389 --> 00:34:02,240

the truth

937

00:34:05,269 --> 00:34:04,399

which is one thing we get but the other

938

00:34:08,069 --> 00:34:05,279

vibe we get is

939

00:34:09,829 --> 00:34:08,079

you don't deserve the truth i've left

940

00:34:11,750 --> 00:34:09,839

you the [h__h] clues

941

00:34:12,869 --> 00:34:11,760

because they left clues all over the

942

00:34:16,710 --> 00:34:12,879

place right

943

00:34:19,909 --> 00:34:16,720

9 11 is a ritualistic kind of

944

00:34:20,710 --> 00:34:19,919

event of symbology the clues are all

945

00:34:26,869 --> 00:34:20,720

over the place

946

00:34:28,389 --> 00:34:26,879

they're begging you they're begging you

947

00:34:31,990 --> 00:34:28,399

bruce not the normies

948

00:34:32,790 --> 00:34:32,000

they're begging you bruce to crack the

949

00:34:35,190 --> 00:34:32,800

code

950

00:34:36,389 --> 00:34:35,200

and i kind of think part of that is they

951
00:34:39,589 --> 00:34:36,399
want to suck you

952
00:34:42,629 --> 00:34:39,599
into that now i know something

953
00:34:42,950 --> 00:34:42,639
now i'm better than someone else now i'm

954
00:34:45,430 --> 00:34:42,960
an

955
00:34:46,950 --> 00:34:45,440
insider kind of thing because that's

956
00:34:50,069 --> 00:34:46,960
their ultimate game

957
00:34:55,750 --> 00:34:50,079
is this lack of connection this i am

958
00:35:02,390 --> 00:34:58,790
yes and that

959
00:35:04,550 --> 00:35:02,400
is what gets triggered in you obviously

960
00:35:06,950 --> 00:35:04,560
and that's a very it's a very valid and

961
00:35:09,750 --> 00:35:06,960
understandable and reasonable

962
00:35:10,710 --> 00:35:09,760
thing and what it triggers in someone

963
00:35:13,349 --> 00:35:10,720

else complete

964

00:35:14,630 --> 00:35:13,359

maybe fear and overwhelm horror terror

965

00:35:16,230 --> 00:35:14,640

maybe

966

00:35:18,630 --> 00:35:16,240

all that information could just drive

967

00:35:20,069 --> 00:35:18,640

someone straight into alcoholism despair

968

00:35:22,550 --> 00:35:20,079

and even suicide

969

00:35:24,150 --> 00:35:22,560

on a fast track almost relatively you

970

00:35:25,990 --> 00:35:24,160

know in the course of a couple of years

971

00:35:28,150 --> 00:35:26,000

i could easily see someone just

972

00:35:29,829 --> 00:35:28,160

because the more you look at it the more

973

00:35:32,069 --> 00:35:29,839

confirmation you get

974

00:35:33,670 --> 00:35:32,079

yeah that's how you know and my book

975

00:35:36,470 --> 00:35:33,680

would do a fair job of

976
00:35:38,310 --> 00:35:36,480
convincing i make the case that we live

977
00:35:40,390 --> 00:35:38,320
in opposite land everything we're given

978
00:35:42,550 --> 00:35:40,400
us is nonsense and baloney

979
00:35:43,829 --> 00:35:42,560
and it's by folks who want to do nothing

980
00:35:47,109 --> 00:35:43,839
but enslave

981
00:35:50,790 --> 00:35:47,119
exploit sicken uh and

982
00:35:53,990 --> 00:35:50,800
uh remove a lot of us okay how do we be

983
00:35:55,829 --> 00:35:54,000
cheerful in the in the face of that

984
00:35:57,190 --> 00:35:55,839
there's no there's no one easy answer of

985
00:35:59,270 --> 00:35:57,200
it except to

986
00:36:00,470 --> 00:35:59,280
to challenge each other what are you

987
00:36:05,030 --> 00:36:00,480
going to make out of it

988
00:36:08,230 --> 00:36:05,040

what are you going to make out of

989

00:36:10,630 --> 00:36:08,240

whatever new thing you hear today

990

00:36:12,150 --> 00:36:10,640

whatever new thing you hear about jfk or

991

00:36:14,390 --> 00:36:12,160

if someone if you're that

992

00:36:16,310 --> 00:36:14,400

someone you know who just discovers

993

00:36:17,990 --> 00:36:16,320

someone who gets my book and who

994

00:36:20,390 --> 00:36:18,000

until my book they believe the official

995

00:36:23,109 --> 00:36:20,400

story about all these things and they go

996

00:36:24,470 --> 00:36:23,119

this is persuasive holy stink right and

997

00:36:25,589 --> 00:36:24,480

then they look at some of the sources

998

00:36:27,030 --> 00:36:25,599

because you shouldn't no one should ever

999

00:36:28,150 --> 00:36:27,040

believe just one book you read about

1000

00:36:31,910 --> 00:36:28,160

something

1001
00:36:33,589 --> 00:36:31,920
um and then

1002
00:36:35,910 --> 00:36:33,599
it's literally like finding out there's

1003
00:36:38,710 --> 00:36:35,920
no santa claus it's really really

1004
00:36:39,349 --> 00:36:38,720
really really upsetting it's a huge it's

1005
00:36:41,670 --> 00:36:39,359
a huge

1006
00:36:42,550 --> 00:36:41,680
trauma and they and they did leave all

1007
00:36:44,230 --> 00:36:42,560
those clues

1008
00:36:45,750 --> 00:36:44,240
now i'm just bouncing all over the place

1009
00:36:49,109 --> 00:36:45,760
they did oh no you're right

1010
00:36:50,310 --> 00:36:49,119
you were right on the beam bruce you are

1011
00:36:53,910 --> 00:36:50,320
right on the beam

1012
00:36:55,589 --> 00:36:53,920
and i want you to i love the point that

1013
00:36:57,349 --> 00:36:55,599

you made and maybe it is kind of a

1014

00:37:00,790 --> 00:36:57,359

repeat of something you said

1015

00:37:03,349 --> 00:37:00,800

earlier but what you do with this

1016

00:37:05,589 --> 00:37:03,359

we can see it around us and we can see

1017

00:37:07,510 --> 00:37:05,599

people who take this information

1018

00:37:09,190 --> 00:37:07,520

and you can kind of say for no fault of

1019

00:37:11,829 --> 00:37:09,200

their own they're either

1020

00:37:14,310 --> 00:37:11,839

set up for this through traumas that

1021

00:37:18,150 --> 00:37:14,320

they've experienced in the past or

1022

00:37:18,630 --> 00:37:18,160

whatever but it is so overpowering for

1023

00:37:21,349 --> 00:37:18,640

them

1024

00:37:22,230 --> 00:37:21,359

that it really leads to kind of this

1025

00:37:24,630 --> 00:37:22,240

destruction

1026

00:37:26,390 --> 00:37:24,640

of their life and we've seen that and i

1027

00:37:27,990 --> 00:37:26,400

i love what you're doing because you're

1028

00:37:30,150 --> 00:37:28,000

kind of saying

1029

00:37:31,670 --> 00:37:30,160

we have to walk despite that we have to

1030

00:37:34,230 --> 00:37:31,680

walk into the fire

1031

00:37:36,470 --> 00:37:34,240

we can't because there's no looking

1032

00:37:40,230 --> 00:37:36,480

forward there's no turning back

1033

00:37:42,870 --> 00:37:40,240

we cannot turn back no and

1034

00:37:45,270 --> 00:37:42,880

read you know joseph campbell's work

1035

00:37:47,510 --> 00:37:45,280

maybe because i wanted to be an actor

1036

00:37:48,870 --> 00:37:47,520

and i put myself in these the things i

1037

00:37:50,390 --> 00:37:48,880

watched i was a matt you know he's like

1038

00:37:52,390 --> 00:37:50,400

i'm pretending i'm this and pretending

1039

00:37:54,069 --> 00:37:52,400

i'm not it's easy for me to

1040

00:37:55,750 --> 00:37:54,079

relatively easy because i still have my

1041

00:37:56,310 --> 00:37:55,760

dark knights of the soul like anybody

1042

00:37:57,750 --> 00:37:56,320

else

1043

00:37:59,510 --> 00:37:57,760

but i would encourage someone who's

1044

00:38:01,990 --> 00:37:59,520

wrestling with the despair you know

1045

00:38:05,589 --> 00:38:02,000

choking on how negative and horrible and

1046

00:38:07,829 --> 00:38:05,599

murderous and evil how effing evil

1047

00:38:08,790 --> 00:38:07,839

life on planet earth can seem accord you

1048

00:38:10,470 --> 00:38:08,800

know when you look at

1049

00:38:12,390 --> 00:38:10,480

the social structures and the economic

1050

00:38:14,310 --> 00:38:12,400

structures and politically and

1051
00:38:15,829 --> 00:38:14,320
militarily what's happening it's there's

1052
00:38:17,589 --> 00:38:15,839
a lot of evil to to

1053
00:38:19,270 --> 00:38:17,599
to deal with and we have to look at it

1054
00:38:20,870 --> 00:38:19,280
just like you just said

1055
00:38:22,710 --> 00:38:20,880
and this is what our imaginations are

1056
00:38:24,470 --> 00:38:22,720
for and specifically to develop that

1057
00:38:26,630 --> 00:38:24,480
spiritual imagination

1058
00:38:28,470 --> 00:38:26,640
i would tell someone wants a specific

1059
00:38:29,349 --> 00:38:28,480
answer to this specific problem i would

1060
00:38:33,270 --> 00:38:29,359
say

1061
00:38:35,750 --> 00:38:33,280
do whatever it takes to experiment

1062
00:38:36,790 --> 00:38:35,760
with having a spiritual imagination

1063
00:38:38,710 --> 00:38:36,800

because

1064

00:38:40,630 --> 00:38:38,720

if you can imagine that you're an

1065

00:38:42,230 --> 00:38:40,640

eternal thing you were always okay

1066

00:38:43,670 --> 00:38:42,240

you're okay now you're always gonna be

1067

00:38:46,710 --> 00:38:43,680

okay and this is some kind of an

1068

00:38:49,510 --> 00:38:46,720

adventure or game that you intentionally

1069

00:38:50,790 --> 00:38:49,520

set up to do to yourself what's there to

1070

00:38:55,109 --> 00:38:50,800

be afraid of

1071

00:38:58,310 --> 00:38:55,119

and if you imagine it's literally

1072

00:38:59,510 --> 00:38:58,320

a fear test it's a courage test

1073

00:39:01,670 --> 00:38:59,520

you know we're floating around as

1074

00:39:02,069 --> 00:39:01,680

eternal spirits you don't have to have a

1075

00:39:05,349 --> 00:39:02,079

life

1076

00:39:08,470 --> 00:39:05,359

on earth because you believe it's real

1077

00:39:11,670 --> 00:39:08,480

and it's terrifying why would you do

1078

00:39:14,069 --> 00:39:11,680

that to yourself i don't know alex but

1079

00:39:16,950 --> 00:39:14,079

let's say we did it anyway

1080

00:39:17,910 --> 00:39:16,960

we can go deeper we could say because

1081

00:39:20,470 --> 00:39:17,920

some souls are

1082

00:39:22,150 --> 00:39:20,480

trapped to do that over and over again

1083

00:39:24,470 --> 00:39:22,160

until they realize

1084

00:39:26,470 --> 00:39:24,480

it's a game it's an illusion you're

1085

00:39:28,630 --> 00:39:26,480

doing this to yourself

1086

00:39:30,390 --> 00:39:28,640

and that's why the gandhis come back and

1087

00:39:31,910 --> 00:39:30,400

the jesus's come back and the john

1088

00:39:33,910 --> 00:39:31,920

lennon's come back

1089

00:39:35,430 --> 00:39:33,920

you know who to to give the and the

1090

00:39:38,790 --> 00:39:35,440

poets and the roomie

1091

00:39:40,230 --> 00:39:38,800

and the khalil gibran and all those who

1092

00:39:42,950 --> 00:39:40,240

write and say even bill hicks the

1093

00:39:43,829 --> 00:39:42,960

comedian it's all a ride it's just a

1094

00:39:45,430 --> 00:39:43,839

ride

1095

00:39:48,310 --> 00:39:45,440

it's thrills and shocks it looks very

1096

00:39:51,030 --> 00:39:48,320

very real it's just a ride

1097

00:39:51,510 --> 00:39:51,040

because if if that makes your life

1098

00:39:54,069 --> 00:39:51,520

announce

1099

00:39:54,950 --> 00:39:54,079

easier dwell on that and here's a

1100

00:39:57,510 --> 00:39:54,960

particular

1101
00:39:58,790 --> 00:39:57,520
resource it's a youtube channel you read

1102
00:40:02,230 --> 00:39:58,800
about it in my book by

1103
00:40:05,349 --> 00:40:02,240
anthony sheen c-h-e-n-e

1104
00:40:06,309 --> 00:40:05,359
production he has interviewed lots of

1105
00:40:09,109 --> 00:40:06,319
folks who had

1106
00:40:10,230 --> 00:40:09,119
near-death experiences ndes and they

1107
00:40:13,910 --> 00:40:10,240
talk about

1108
00:40:17,349 --> 00:40:13,920
they died what they experienced

1109
00:40:19,109 --> 00:40:17,359
they realized the truth of

1110
00:40:20,470 --> 00:40:19,119
their spiritual nature and the nature of

1111
00:40:23,270 --> 00:40:20,480
existence is all is

1112
00:40:24,790 --> 00:40:23,280
all love it's just love and we're all

1113
00:40:26,950 --> 00:40:24,800

connected

1114

00:40:28,390 --> 00:40:26,960

and then they came back the doctor said

1115

00:40:30,150 --> 00:40:28,400

you were dead for three minutes you were

1116

00:40:31,109 --> 00:40:30,160

dead for seven minutes this that and the

1117

00:40:33,190 --> 00:40:31,119

other thing

1118

00:40:34,230 --> 00:40:33,200

dead and then often they heal and this

1119

00:40:35,910 --> 00:40:34,240

happened the other thing

1120

00:40:37,670 --> 00:40:35,920

so if you're a stone cold atheist

1121

00:40:39,109 --> 00:40:37,680

completely materialistic who thinks

1122

00:40:41,190 --> 00:40:39,119

you're only worth the money you have in

1123

00:40:43,589 --> 00:40:41,200

the bank right now and you're terrified

1124

00:40:44,790 --> 00:40:43,599

and you ought to be and you start

1125

00:40:47,589 --> 00:40:44,800

watching these

1126
00:40:49,589 --> 00:40:47,599
you know videos and you can create just

1127
00:40:51,109 --> 00:40:49,599
a little space in your head to look at

1128
00:40:53,510 --> 00:40:51,119
life like

1129
00:40:54,870 --> 00:40:53,520
maybe i planned all this before i was

1130
00:40:57,430 --> 00:40:54,880
born

1131
00:40:58,230 --> 00:40:57,440
and you start looking for reasons why

1132
00:41:00,470 --> 00:40:58,240
that's true

1133
00:41:01,990 --> 00:41:00,480
you'll find them because the real

1134
00:41:04,710 --> 00:41:02,000
mystics no

1135
00:41:06,069 --> 00:41:04,720
whatever we look for we find because

1136
00:41:08,550 --> 00:41:06,079
it's us and we create

1137
00:41:09,990 --> 00:41:08,560
it we attract it and that's how

1138
00:41:11,589 --> 00:41:10,000

infinitely powerful we are and here's

1139

00:41:13,510 --> 00:41:11,599

the last example before i'll throw the

1140

00:41:16,069 --> 00:41:13,520

conversation back to you alex to

1141

00:41:17,670 --> 00:41:16,079

continue this or go any other place this

1142

00:41:20,230 --> 00:41:17,680

all reminds me of

1143

00:41:22,390 --> 00:41:20,240

the survivor of the nazi concentration

1144

00:41:25,670 --> 00:41:22,400

camps who was asked how did you survive

1145

00:41:28,390 --> 00:41:25,680

once you know the vast majority of you

1146

00:41:29,109 --> 00:41:28,400

you didn't and the guys said they could

1147

00:41:31,430 --> 00:41:29,119

beat me

1148

00:41:32,630 --> 00:41:31,440

they could starve me they could make me

1149

00:41:34,870 --> 00:41:32,640

work in the snow

1150

00:41:35,990 --> 00:41:34,880

sleep in the snow sleep on concrete but

1151
00:41:38,790 --> 00:41:36,000
the guards

1152
00:41:39,990 --> 00:41:38,800
couldn't make me stop loving them so he

1153
00:41:41,910 --> 00:41:40,000
performed a miracle

1154
00:41:43,910 --> 00:41:41,920
you would think nazi guards and a

1155
00:41:47,190 --> 00:41:43,920
concentration camp are unlovable

1156
00:41:49,750 --> 00:41:47,200
but by loving them this guy

1157
00:41:50,950 --> 00:41:49,760
made them lovable and by making them

1158
00:41:56,470 --> 00:41:50,960
lovable

1159
00:41:57,829 --> 00:41:56,480
and durable because if you love where

1160
00:41:59,670 --> 00:41:57,839
you are

1161
00:42:01,430 --> 00:41:59,680
you can get through it how do you love

1162
00:42:02,950 --> 00:42:01,440
your torturers bruce

1163
00:42:05,030 --> 00:42:02,960

well that's a that's a level four

1164

00:42:08,390 --> 00:42:05,040

question

1165

00:42:09,670 --> 00:42:08,400

it is it is indeed let me toss another

1166

00:42:11,750 --> 00:42:09,680

log on the fire

1167

00:42:14,150 --> 00:42:11,760

complicity you know this is something

1168

00:42:16,630 --> 00:42:14,160

that really used to rile me up

1169

00:42:19,750 --> 00:42:16,640

especially in talking to christian

1170

00:42:22,790 --> 00:42:19,760

people especially talking to catholics

1171

00:42:24,950 --> 00:42:22,800

and say okay we knew it but now it's

1172

00:42:29,510 --> 00:42:24,960

been laid bare

1173

00:42:32,790 --> 00:42:29,520

satanic dark completely compromised

1174

00:42:35,829 --> 00:42:32,800

organization not a few bad apples

1175

00:42:39,670 --> 00:42:35,839

fundamentally at its core evil

1176

00:42:42,710 --> 00:42:39,680

how can you go to church on sunday

1177

00:42:43,109 --> 00:42:42,720

and put money in that basket how can you

1178

00:42:47,349 --> 00:42:43,119

be

1179

00:42:50,069 --> 00:42:47,359

complicit a little bit wiser me says

1180

00:42:50,950 --> 00:42:50,079

i'm complicit i'm complicit in

1181

00:42:54,710 --> 00:42:50,960

everything

1182

00:42:55,510 --> 00:42:54,720

i'm complicit in jfk i'm complicit in 9

1183

00:42:59,109 --> 00:42:55,520

11.

1184

00:43:01,829 --> 00:42:59,119

i live in a beautiful house

1185

00:43:03,190 --> 00:43:01,839

in southern california overlooking the

1186

00:43:06,630 --> 00:43:03,200

ocean

1187

00:43:09,829 --> 00:43:06,640

about people 30 miles from me in tijuana

1188

00:43:10,230 --> 00:43:09,839

i've been there they live with cardboard

1189

00:43:12,630 --> 00:43:10,240

and

1190

00:43:14,710 --> 00:43:12,640

corrugated stuff that they've scraped

1191

00:43:16,150 --> 00:43:14,720

out of the junkyard and it

1192

00:43:18,069 --> 00:43:16,160

battled me up on the wall and they're

1193

00:43:19,349 --> 00:43:18,079

probably people in san diego county live

1194

00:43:22,630 --> 00:43:19,359

that way as well but

1195

00:43:24,309 --> 00:43:22,640

i am complicit we are all complicit

1196

00:43:25,990 --> 00:43:24,319

and that doesn't take away from the

1197

00:43:28,630 --> 00:43:26,000

spirituality that you're talking

1198

00:43:29,109 --> 00:43:28,640

about but it does put a different spin

1199

00:43:33,270 --> 00:43:29,119

on

1200

00:43:35,750 --> 00:43:33,280

our again our how we relate to these

1201

00:43:37,750 --> 00:43:35,760

horrific evils that are being

1202

00:43:38,150 --> 00:43:37,760

perpetrated all around us doesn't it how

1203

00:43:43,670 --> 00:43:38,160

do you

1204

00:43:45,510 --> 00:43:43,680

well it brought to mind what may have

1205

00:43:49,670 --> 00:43:45,520

motivated the kennedys

1206

00:43:53,510 --> 00:43:49,680

and this is documented those

1207

00:43:56,150 --> 00:43:53,520

nine children of rose and joseph kennedy

1208

00:43:59,030 --> 00:43:56,160

we're taught you don't have to worry

1209

00:44:06,069 --> 00:44:02,069

you don't because their parents were so

1210

00:44:09,109 --> 00:44:06,079

rich to whom much is given

1211

00:44:11,349 --> 00:44:09,119

much is required and much is demanded

1212

00:44:12,230 --> 00:44:11,359

they seem to have internalized the sense

1213

00:44:19,589 --> 00:44:12,240

that

1214

00:44:23,109 --> 00:44:19,599

to kind of pay it forward or

1215

00:44:25,990 --> 00:44:23,119

pay it back you know so

1216

00:44:26,550 --> 00:44:26,000

you you're you you that's but here's the

1217

00:44:28,150 --> 00:44:26,560

thing

1218

00:44:29,990 --> 00:44:28,160

i love this because now we're going to

1219

00:44:31,670 --> 00:44:30,000

take another veer off in another

1220

00:44:34,790 --> 00:44:31,680

direction and dive into facts

1221

00:44:37,109 --> 00:44:34,800

so jfk and i just played this clip and

1222

00:44:38,630 --> 00:44:37,119

previous show he knows who he [h__h]

1223

00:44:40,870 --> 00:44:38,640

owes when he's there right

1224

00:44:41,829 --> 00:44:40,880

because he was elected in a rigged

1225

00:44:44,790 --> 00:44:41,839

election

1226

00:44:46,470 --> 00:44:44,800

his father joe kennedy who was connected

1227

00:44:49,990 --> 00:44:46,480

to the mob because he used to run

1228

00:44:53,030 --> 00:44:50,000

alcohol from canada down he hires the

1229

00:44:54,870 --> 00:44:53,040

mob to throw the election in illinois

1230

00:44:57,349 --> 00:44:54,880

which is a swing state that gets it

1231

00:44:58,790 --> 00:44:57,359

and along with daley and the mobsters

1232

00:44:59,829 --> 00:44:58,800

they have a bunch of people voting who

1233

00:45:03,270 --> 00:44:59,839

are dead and

1234

00:45:04,870 --> 00:45:03,280

a repeat of a recent election and

1235

00:45:06,630 --> 00:45:04,880

they win and they also do that in west

1236

00:45:10,069 --> 00:45:06,640

virginia and they win right

1237

00:45:11,750 --> 00:45:10,079

so and then he goes on to you know he's

1238

00:45:12,230 --> 00:45:11,760

got the doctor feel good thing right and

1239

00:45:14,710 --> 00:45:12,240

he's

1240

00:45:16,870 --> 00:45:14,720

getting injections in his throat of

1241

00:45:17,990 --> 00:45:16,880

amphetamines and all sorts of crazy

1242

00:45:19,990 --> 00:45:18,000

drugs and he gets one

1243

00:45:21,589 --> 00:45:20,000

right before he goes on stage with nixon

1244

00:45:24,390 --> 00:45:21,599

and it probably is the

1245

00:45:25,990 --> 00:45:24,400

debate that wins him the thing so no

1246

00:45:29,270 --> 00:45:26,000

one's clean in this thing

1247

00:45:31,109 --> 00:45:29,280

and rfk his brother robert youngest

1248

00:45:33,430 --> 00:45:31,119

attorney general in history

1249

00:45:34,390 --> 00:45:33,440

he's screwing maryland at the same time

1250

00:45:36,150 --> 00:45:34,400

his brother is

1251

00:45:38,150 --> 00:45:36,160

and a lot of people think he was

1252

00:45:39,990 --> 00:45:38,160

probably in the room when marilyn died

1253

00:45:42,230 --> 00:45:40,000

and it was probably his people

1254

00:45:44,790 --> 00:45:42,240

that decided after they grabbed that

1255

00:45:46,710 --> 00:45:44,800

diary of secrets that she had that

1256

00:45:49,109 --> 00:45:46,720

rfr might have been the one who went and

1257

00:45:51,510 --> 00:45:49,119

said okay yeah i guess it's best to

1258

00:45:53,030 --> 00:45:51,520

pull up bill clinton kind of eliminate

1259

00:45:54,870 --> 00:45:53,040

uh bill and hillary

1260

00:45:56,390 --> 00:45:54,880

kind of eliminate all the possible

1261

00:45:59,750 --> 00:45:56,400

skeletons in the closet

1262

00:46:03,270 --> 00:45:59,760

he's not clean in this he's not perfect

1263

00:46:05,910 --> 00:46:03,280

and and and to recast that history as

1264

00:46:07,270 --> 00:46:05,920

somehow you know the the camelot kind of

1265

00:46:09,750 --> 00:46:07,280

thing

1266

00:46:12,790 --> 00:46:09,760

i don't know they did so much good in

1267

00:46:15,589 --> 00:46:12,800

their public careers

1268

00:46:17,270 --> 00:46:15,599

that to emphasize what you and you're

1269

00:46:18,150 --> 00:46:17,280

not well you didn't emphasize it you

1270

00:46:20,470 --> 00:46:18,160

just you just

1271

00:46:22,710 --> 00:46:20,480

doc you just chronicled you know and i'm

1272

00:46:25,349 --> 00:46:22,720

i'm not necessarily

1273

00:46:26,790 --> 00:46:25,359

in complete agreement that that they

1274

00:46:28,390 --> 00:46:26,800

probably did

1275

00:46:30,870 --> 00:46:28,400

all of those things we could go through

1276

00:46:34,390 --> 00:46:30,880

each one of those

1277

00:46:37,990 --> 00:46:34,400

separately but the balance it

1278

00:46:40,870 --> 00:46:38,000

again it reminds me of all that

1279

00:46:42,470 --> 00:46:40,880

we got from the founding fathers of the

1280

00:46:45,030 --> 00:46:42,480

united states

1281

00:46:45,750 --> 00:46:45,040

should not be flushed down the toilet

1282

00:46:48,710 --> 00:46:45,760

because

1283

00:46:50,230 --> 00:46:48,720

a percentage of them owned slaves while

1284

00:46:54,470 --> 00:46:50,240

they were espousing

1285

00:46:57,829 --> 00:46:54,480

freedom let's throw out hypocrisy

1286

00:46:59,109 --> 00:46:57,839

and keep the good because no one on this

1287

00:47:02,950 --> 00:46:59,119

dear planet

1288

00:47:05,670 --> 00:47:02,960

is morally ethically perfect consistent

1289

00:47:07,349 --> 00:47:05,680

at every phase of of their whole lives

1290

00:47:09,589 --> 00:47:07,359

so we get to cherry pick

1291

00:47:11,670 --> 00:47:09,599

you know see bruce i to interject

1292

00:47:13,349 --> 00:47:11,680

because to me that is so much what your

1293

00:47:16,870 --> 00:47:13,359

book is about

1294

00:47:17,750 --> 00:47:16,880

it to me it's almost about the opposite

1295

00:47:19,990 --> 00:47:17,760

of that

1296

00:47:20,790 --> 00:47:20,000

is that no we're not allowed to cherry

1297

00:47:23,510 --> 00:47:20,800

pick

1298

00:47:24,309 --> 00:47:23,520

because what you do is just immerse us

1299

00:47:27,829 --> 00:47:24,319

in the whole

1300

00:47:30,870 --> 00:47:27,839

soup and then force us to realize that

1301

00:47:34,309 --> 00:47:30,880

any taste we pull out of that soup is

1302

00:47:37,430 --> 00:47:34,319

us our palate cherry picking on our own

1303

00:47:40,549 --> 00:47:37,440

but no it is totally legitimate to focus

1304

00:47:41,750 --> 00:47:40,559

on the fact that george washington was a

1305

00:47:44,950 --> 00:47:41,760

slave owner

1306

00:47:47,750 --> 00:47:44,960

it's completely legitimate to say

1307

00:47:48,069 --> 00:47:47,760

his perspective his world view that he

1308

00:47:50,630 --> 00:47:48,079

was

1309

00:47:52,470 --> 00:47:50,640

unable to climb on top of which by the

1310

00:47:54,710 --> 00:47:52,480

way he was the only one who did

1311

00:47:56,150 --> 00:47:54,720

release his slaves when he died so he

1312

00:47:58,549 --> 00:47:56,160

gets a check mark for that

1313

00:47:59,190 --> 00:47:58,559

thomas jefferson the great liberator he

1314

00:48:01,910 --> 00:47:59,200

didn't

1315

00:48:02,390 --> 00:48:01,920

and he you know he was sleeping which is

1316

00:48:05,030 --> 00:48:02,400

i think

1317

00:48:05,829 --> 00:48:05,040

when you own somebody and you're

1318

00:48:08,630 --> 00:48:05,839

engaging

1319

00:48:10,069 --> 00:48:08,640

in sexual encounters with them i don't

1320

00:48:12,870 --> 00:48:10,079

know how that is not

1321

00:48:15,030 --> 00:48:12,880

a rape but who knows i mean i guess you

1322

00:48:16,790 --> 00:48:15,040

can get consent in the same way that if

1323

00:48:18,309 --> 00:48:16,800

you're a mormon and you have the newly

1324

00:48:20,230 --> 00:48:18,319

passed law

1325

00:48:21,829 --> 00:48:20,240

that the governor of utah passed that

1326

00:48:23,510 --> 00:48:21,839

said you know i kind of think that

1327

00:48:25,750 --> 00:48:23,520

polygamy thing

1328

00:48:26,549 --> 00:48:25,760

it's kind of more complicated than we

1329

00:48:29,589 --> 00:48:26,559

thought

1330

00:48:31,670 --> 00:48:29,599

and you know guys who want to marry two

1331

00:48:33,510 --> 00:48:31,680

or three women into their little cult

1332

00:48:36,630 --> 00:48:33,520

into their little coven that's

1333

00:48:38,950 --> 00:48:36,640

maybe that's not your bad idea i think

1334

00:48:41,030 --> 00:48:38,960

that that's what i take away from god

1335

00:48:44,630 --> 00:48:41,040

school 911 and jfk

1336

00:48:46,710 --> 00:48:44,640

is walk through this with me

1337

00:48:48,950 --> 00:48:46,720

and go through the spiritual journey

1338

00:48:51,510 --> 00:48:48,960

that you're really talking about

1339

00:48:52,309 --> 00:48:51,520

that and realize that however i pick and

1340

00:48:54,549 --> 00:48:52,319

choose

1341

00:48:56,230 --> 00:48:54,559

you can find fault in it you know there

1342

00:48:58,150 --> 00:48:56,240

is no perfect walk

1343

00:49:00,069 --> 00:48:58,160

through that that history what do you

1344

00:49:02,630 --> 00:49:00,079

think about that

1345

00:49:04,150 --> 00:49:02,640

well i i agree there is no perfect walk

1346

00:49:06,870 --> 00:49:04,160

and

1347

00:49:08,710 --> 00:49:06,880

you know it churned my guts like it

1348

00:49:09,829 --> 00:49:08,720

churns a lot of people of how do you

1349

00:49:11,670 --> 00:49:09,839

reconcile it's

1350

00:49:13,829 --> 00:49:11,680

probably the same issue if there's a

1351

00:49:17,349 --> 00:49:13,839

good god why does he let bad things

1352

00:49:19,910 --> 00:49:17,359

happen to good people the conundrum of

1353

00:49:21,349 --> 00:49:19,920

human evil every atheist to uh on bill

1354

00:49:24,870 --> 00:49:21,359

maher's show

1355

00:49:27,109 --> 00:49:24,880

old school right right and

1356

00:49:29,030 --> 00:49:27,119

i do you really wrestle with that

1357

00:49:30,950 --> 00:49:29,040

question i don't i mean to me that's

1358

00:49:34,870 --> 00:49:30,960

kind of i used to

1359

00:49:36,390 --> 00:49:34,880

i had for years and i have

1360

00:49:37,510 --> 00:49:36,400

you know when you get to be my age you

1361

00:49:39,109 --> 00:49:37,520

realize you know what i'm not going to

1362

00:49:40,309 --> 00:49:39,119

worry so much about certain things but i

1363

00:49:40,710 --> 00:49:40,319

want to make this point about this

1364

00:49:44,230 --> 00:49:40,720

though

1365

00:49:46,069 --> 00:49:44,240

about what do you do with these

1366

00:49:47,670 --> 00:49:46,079

washington had slaves for all he said

1367

00:49:49,829 --> 00:49:47,680

about liberty and

1368

00:49:51,829 --> 00:49:49,839

i guess i guess alex it's what well what

1369

00:49:53,750 --> 00:49:51,839

do we do with their example

1370

00:49:55,349 --> 00:49:53,760

you know there's there's the the

1371

00:49:57,829 --> 00:49:55,359

republic they created

1372

00:50:01,030 --> 00:49:57,839

the ideals that are that we are

1373

00:50:03,829 --> 00:50:01,040

supposedly pledged to and dedicated to

1374

00:50:05,190 --> 00:50:03,839

and falling short of so who's who's a

1375

00:50:07,430 --> 00:50:05,200

bigger hypocrite

1376

00:50:08,309 --> 00:50:07,440

you know so at the end of the day it's

1377

00:50:11,349 --> 00:50:08,319

okay

1378

00:50:11,990 --> 00:50:11,359

how am i going to live and what what am

1379

00:50:15,270 --> 00:50:12,000

i going to

1380

00:50:16,230 --> 00:50:15,280

try to force my government to be and to

1381

00:50:20,230 --> 00:50:16,240

do

1382

00:50:23,030 --> 00:50:20,240

harm that my government is perpetrating

1383

00:50:23,750 --> 00:50:23,040

right now in my name with my money you

1384

00:50:26,150 --> 00:50:23,760

know we

1385

00:50:27,349 --> 00:50:26,160

are morally legally ethically

1386

00:50:28,950 --> 00:50:27,359

responsible for

1387

00:50:30,790 --> 00:50:28,960

all the atrocities that the american

1388

00:50:32,950 --> 00:50:30,800

government has ever committed we've

1389

00:50:34,790 --> 00:50:32,960

it's very fashionable and very easy to

1390

00:50:36,390 --> 00:50:34,800

point fingers at washington and say

1391

00:50:38,630 --> 00:50:36,400

corrupt corrupt corrupt

1392

00:50:41,349 --> 00:50:38,640

but they're the cart we're supposed to

1393

00:50:43,990 --> 00:50:41,359

be the horse we're supposed to

1394

00:50:45,030 --> 00:50:44,000

hold their feet to the fire is it a lot

1395

00:50:47,510 --> 00:50:45,040

harder now yes

1396

00:50:48,150 --> 00:50:47,520

are there unprecedented technologies

1397

00:50:50,230 --> 00:50:48,160

used

1398

00:50:52,069 --> 00:50:50,240

to divide and conquer us and keep us

1399

00:50:54,630 --> 00:50:52,079

afraid of each other and prevent us from

1400

00:50:57,910 --> 00:50:54,640

organizing any effective action

1401

00:51:01,430 --> 00:50:57,920

yes not withstanding that

1402

00:51:05,349 --> 00:51:01,440

we have to remember the goals of sanity

1403

00:51:08,390 --> 00:51:05,359

peace love happiness and

1404

00:51:09,829 --> 00:51:08,400

get through day by day by day

1405

00:51:11,670 --> 00:51:09,839

and when it comes to the founders in

1406

00:51:12,950 --> 00:51:11,680

slavery i don't want to throw the baby

1407

00:51:14,150 --> 00:51:12,960

out with the bath water and the same

1408

00:51:16,790 --> 00:51:14,160

with the kennedys

1409

00:51:17,910 --> 00:51:16,800

now in their defense there's a great

1410

00:51:20,230 --> 00:51:17,920

case to be made

1411

00:51:22,150 --> 00:51:20,240

no one became president then or now

1412

00:51:24,630 --> 00:51:22,160

republican or democrat

1413

00:51:26,390 --> 00:51:24,640

without some mob help there's a great

1414

00:51:27,829 --> 00:51:26,400

case to be made for that

1415

00:51:29,750 --> 00:51:27,839

and the test of who and what the

1416

00:51:33,190 --> 00:51:29,760

kennedys are are

1417

00:51:35,510 --> 00:51:33,200

their legacy in their public lives and

1418

00:51:38,230 --> 00:51:35,520

your honor there's an equal case to be

1419

00:51:40,870 --> 00:51:38,240

made that the worst allegations about

1420

00:51:42,549 --> 00:51:40,880

bobby sleeping with marilyn was he there

1421

00:51:44,230 --> 00:51:42,559

and the mob stories of

1422

00:51:47,030 --> 00:51:44,240

how entrenched the kennedys were with

1423

00:51:47,910 --> 00:51:47,040

the mob have been demolished by other

1424

00:51:51,030 --> 00:51:47,920

researchers

1425

00:51:53,030 --> 00:51:51,040

so that's that's a that's a whole other

1426

00:51:54,870 --> 00:51:53,040

court case that's a whole other trial

1427

00:51:57,270 --> 00:51:54,880

that would have to happen

1428

00:51:59,270 --> 00:51:57,280

that we'd have to see all the evidence

1429

00:52:03,349 --> 00:51:59,280

we'd have to see both sides

1430

00:52:06,470 --> 00:52:03,359

confronted with um

1431

00:52:08,750 --> 00:52:06,480

what's what's the word

1432

00:52:10,710 --> 00:52:08,760

when you're confronted in court

1433

00:52:12,870 --> 00:52:10,720

cross-examination

1434

00:52:14,390 --> 00:52:12,880

to see if either side holds up and then

1435

00:52:17,670 --> 00:52:14,400

you and i would be able to

1436

00:52:18,549 --> 00:52:17,680

give a valid verdict on how likely was

1437

00:52:20,470 --> 00:52:18,559

it that bobby

1438

00:52:22,230 --> 00:52:20,480

had anything to do with marilyn's death

1439

00:52:22,630 --> 00:52:22,240

i think we're far from that now i don't

1440

00:52:25,990 --> 00:52:22,640

know

1441

00:52:27,510 --> 00:52:26,000

you've looked at about that

1442

00:52:29,670 --> 00:52:27,520

but that's what i would say in general

1443

00:52:31,349 --> 00:52:29,680

about that i've looked at enough to say

1444

00:52:32,870 --> 00:52:31,359

because that used to churn my guts to

1445

00:52:34,230 --> 00:52:32,880

think that either of them had anything

1446

00:52:36,069 --> 00:52:34,240

to do with hers

1447

00:52:38,790 --> 00:52:36,079

with her death and i would point to the

1448

00:52:41,750 --> 00:52:38,800

work of jim deugenio in particular

1449

00:52:44,069 --> 00:52:41,760

in uh dismantling forensically the

1450

00:52:44,870 --> 00:52:44,079

accusations along those lines to the

1451

00:52:48,309 --> 00:52:44,880

degree that

1452

00:52:49,670 --> 00:52:48,319

i can rest if i if i had the time i want

1453

00:52:51,270 --> 00:52:49,680

to make the time i might study it a

1454

00:52:52,230 --> 00:52:51,280

little deeper but i've done such a deep

1455

00:52:54,150 --> 00:52:52,240

dive that

1456

00:52:55,349 --> 00:52:54,160

okay i'm not 100 certain but i'm

1457

00:52:57,430 --> 00:52:55,359

persuaded and

1458

00:52:59,510 --> 00:52:57,440

i needed to be because it was very

1459

00:53:01,030 --> 00:52:59,520

upsetting that folks who were heroes to

1460

00:53:02,870 --> 00:53:01,040

me and at this point

1461

00:53:04,230 --> 00:53:02,880

i'm proud to say that the kennedys are

1462

00:53:06,630 --> 00:53:04,240

heroes to me

1463

00:53:07,670 --> 00:53:06,640

um that's what i would say in response

1464

00:53:09,349 --> 00:53:07,680

to that

1465

00:53:11,190 --> 00:53:09,359

for the sake of anybody listening so

1466

00:53:12,630 --> 00:53:11,200

they know like well it ain't necessarily

1467

00:53:14,549 --> 00:53:12,640

the way alex said

1468

00:53:16,150 --> 00:53:14,559

maybe i gotta look at it you know from

1469

00:53:19,190 --> 00:53:16,160

all these other angles allow me

1470

00:53:20,309 --> 00:53:19,200

absolutely no no and and we do but then

1471

00:53:22,230 --> 00:53:20,319

that gets back to

1472

00:53:23,589 --> 00:53:22,240

it and it is good to do a little bit of

1473

00:53:26,790 --> 00:53:23,599

a deep dive

1474

00:53:28,630 --> 00:53:26,800

into what we're talking about so

1475

00:53:30,390 --> 00:53:28,640

if we did want to add a little bit of

1476

00:53:33,349 --> 00:53:30,400

detail to that just

1477

00:53:34,950 --> 00:53:33,359

so that people can shoehorn themselves

1478

00:53:38,790 --> 00:53:34,960

into this conversation

1479

00:53:40,950 --> 00:53:38,800

it's speculated that marilyn monroe was

1480

00:53:43,109 --> 00:53:40,960

being closely monitored because she was

1481

00:53:44,790 --> 00:53:43,119

keeping a diary it came to be known that

1482

00:53:47,190 --> 00:53:44,800

she was keeping a diary

1483

00:53:48,069 --> 00:53:47,200

and that she had some legitimate

1484

00:53:50,950 --> 00:53:48,079

important

1485

00:53:52,150 --> 00:53:50,960

secrets if you will pillow talk from her

1486

00:53:55,990 --> 00:53:52,160

relationship with

1487

00:53:58,870 --> 00:53:56,000

john f kennedy and robert kennedy do you

1488

00:53:59,270 --> 00:53:58,880

are you not down with the idea that rfk

1489

00:54:03,270 --> 00:53:59,280

was

1490

00:54:06,390 --> 00:54:03,280

also sleeping with marilyn i am very

1491

00:54:08,710 --> 00:54:06,400

open to it i'm not okay so so let's see

1492

00:54:11,670 --> 00:54:08,720

about the diary yeah yeah because i've

1493

00:54:13,430 --> 00:54:11,680

seen the refutations of

1494

00:54:14,790 --> 00:54:13,440

the sources where those stories kind of

1495

00:54:17,670 --> 00:54:14,800

came from

1496

00:54:18,470 --> 00:54:17,680

okay so anyways that her death marilyn

1497

00:54:21,589 --> 00:54:18,480

monroe's

1498

00:54:24,870 --> 00:54:21,599

kind of suicide is pretty

1499

00:54:26,790 --> 00:54:24,880

clearly not a suicide it's a takedown

1500

00:54:29,349 --> 00:54:26,800

it's an assassination

1501
00:54:30,230 --> 00:54:29,359
in some way and there's some pretty dark

1502
00:54:32,549 --> 00:54:30,240
figures

1503
00:54:34,470 --> 00:54:32,559
looming there so that's enough that

1504
00:54:38,069 --> 00:54:34,480
anyone can kind of see

1505
00:54:39,589 --> 00:54:38,079
you know where it is but the way i think

1506
00:54:41,349 --> 00:54:39,599
before we leave that alex may ask are

1507
00:54:45,109 --> 00:54:41,359
you familiar with

1508
00:54:47,430 --> 00:54:45,119
christopher fulton's book poisoned

1509
00:54:49,430 --> 00:54:47,440
the inheritance poison fruit of jfk's

1510
00:54:52,230 --> 00:54:49,440
assassination

1511
00:54:53,589 --> 00:54:52,240
no i'm not who is the author again

1512
00:54:57,270 --> 00:54:53,599
christopher

1513
00:54:59,829 --> 00:54:57,280

fulton f-u-l-t-o-n

1514

00:55:02,230 --> 00:54:59,839

came out a couple of years ago and the

1515

00:55:06,069 --> 00:55:02,240

point he makes in there

1516

00:55:08,789 --> 00:55:06,079

is that jfk didn't necessarily

1517

00:55:10,549 --> 00:55:08,799

sleep with all the women that he had

1518

00:55:13,109 --> 00:55:10,559

private meetings with

1519

00:55:14,710 --> 00:55:13,119

that and among maryland among them he

1520

00:55:15,910 --> 00:55:14,720

may have slept with her he may have had

1521

00:55:20,230 --> 00:55:15,920

an affair with her but

1522

00:55:22,549 --> 00:55:20,240

he may also have been using celebrities

1523

00:55:23,589 --> 00:55:22,559

to send messages back and forth to

1524

00:55:25,829 --> 00:55:23,599

people

1525

00:55:27,910 --> 00:55:25,839

outside of his regular presidential

1526

00:55:31,030 --> 00:55:27,920

channels which were monitored

1527

00:55:33,910 --> 00:55:31,040

by the cia and the military

1528

00:55:35,750 --> 00:55:33,920

so that he could advance his agenda

1529

00:55:37,910 --> 00:55:35,760

unscrutinized by the cia and the

1530

00:55:39,910 --> 00:55:37,920

military and the state department

1531

00:55:41,829 --> 00:55:39,920

so that's just even just just another

1532

00:55:44,630 --> 00:55:41,839

angle on the maryland situation

1533

00:55:45,430 --> 00:55:44,640

yeah right i mean trying to your

1534

00:55:48,630 --> 00:55:45,440

publisher

1535

00:55:50,710 --> 00:55:48,640

who is fantastic in a lot of ways but

1536

00:55:52,710 --> 00:55:50,720

you know there's like you can fall into

1537

00:55:55,109 --> 00:55:52,720

the jfk

1538

00:55:56,870 --> 00:55:55,119

thing there it there's to their credit i

1539

00:55:59,190 --> 00:55:56,880

mean there's 200 books there on

1540

00:56:00,150 --> 00:55:59,200

jfk that you can dive into and a lot of

1541

00:56:03,190 --> 00:56:00,160

different stuff

1542

00:56:05,910 --> 00:56:03,200

so but it it is history and it is

1543

00:56:07,750 --> 00:56:05,920

important to understand its history

1544

00:56:09,270 --> 00:56:07,760

what i think is even more important and

1545

00:56:11,349 --> 00:56:09,280

that's why i love where we're going

1546

00:56:12,470 --> 00:56:11,359

earlier in that conversation you are

1547

00:56:14,150 --> 00:56:12,480

going to then have to

1548

00:56:16,069 --> 00:56:14,160

confront that history deal with that

1549

00:56:17,670 --> 00:56:16,079

history and kind of go through that

1550

00:56:18,309 --> 00:56:17,680

history which is what you're talking

1551

00:56:24,710 --> 00:56:18,319

about

1552

00:56:26,230 --> 00:56:24,720

imagining two perfect parents is

1553

00:56:27,910 --> 00:56:26,240

something that's profound that's going

1554

00:56:29,030 --> 00:56:27,920

to stay with me from this interview

1555

00:56:31,190 --> 00:56:29,040

because i think it's a

1556

00:56:32,549 --> 00:56:31,200

beautifully said and i think when we

1557

00:56:34,789 --> 00:56:32,559

balance that with

1558

00:56:36,069 --> 00:56:34,799

i can hit you with whatever i want to

1559

00:56:39,430 --> 00:56:36,079

hit you with

1560

00:56:42,789 --> 00:56:39,440

about jfk or rfk

1561

00:56:45,430 --> 00:56:42,799

because you're battle tested now you you

1562

00:56:46,470 --> 00:56:45,440

it's not like you've built armor to to

1563

00:56:49,109 --> 00:56:46,480

shield it off

1564

00:56:51,030 --> 00:56:49,119

you're just battle tested you know how

1565

00:56:54,870 --> 00:56:51,040

to go through the information

1566

00:56:57,190 --> 00:56:54,880

and how to hold the rudder steady

1567

00:56:58,230 --> 00:56:57,200

no matter what new information comes up

1568

00:57:01,349 --> 00:56:58,240

because you're still

1569

00:57:03,109 --> 00:57:01,359

going to be at that core

1570

00:57:05,510 --> 00:57:03,119

okay you know which is what you're

1571

00:57:07,750 --> 00:57:05,520

talking about and to me

1572

00:57:09,349 --> 00:57:07,760

again that's what that's what i resonate

1573

00:57:10,870 --> 00:57:09,359

with in the book that's what i think the

1574

00:57:13,270 --> 00:57:10,880

book is about

1575

00:57:15,109 --> 00:57:13,280

how do we learn these skills because it

1576

00:57:18,150 --> 00:57:15,119

is a skill that that we

1577

00:57:20,870 --> 00:57:18,160

totally get is super important right now

1578

00:57:22,710 --> 00:57:20,880

is to be able to hold the rudder because

1579

00:57:24,870 --> 00:57:22,720

this isn't the end you know you threw in

1580

00:57:26,710 --> 00:57:24,880

a chapter on kovid

1581

00:57:28,549 --> 00:57:26,720

the way you anticipated that 10 years

1582

00:57:31,990 --> 00:57:28,559

ago when you started the book but

1583

00:57:33,910 --> 00:57:32,000

that's the latest you know storm at sea

1584

00:57:36,630 --> 00:57:33,920

to keep the metaphor going

1585

00:57:38,150 --> 00:57:36,640

that you again have to hold the rudder

1586

00:57:39,190 --> 00:57:38,160

and of course you're going to get upset

1587

00:57:41,910 --> 00:57:39,200

and of course you're going to be

1588

00:57:43,430 --> 00:57:41,920

energized by the ideas and the facts

1589

00:57:45,510 --> 00:57:43,440

but it's really not about that it's

1590

00:57:47,270 --> 00:57:45,520

about how you process how you go through

1591

00:57:47,910 --> 00:57:47,280

it maybe i'm repeating too much what we

1592

00:57:50,710 --> 00:57:47,920

talked about

1593

00:57:52,230 --> 00:57:50,720

already but any thoughts on any of that

1594

00:57:55,990 --> 00:57:52,240

yes

1595

00:57:57,190 --> 00:57:56,000

i try to train myself to be ready for

1596

00:57:59,109 --> 00:57:57,200

anything

1597

00:58:01,510 --> 00:57:59,119

um my power going out in the middle of

1598

00:58:05,109 --> 00:58:01,520

this conversation it could happen

1599

00:58:07,589 --> 00:58:05,119

and then what do we do and

1600

00:58:08,950 --> 00:58:07,599

will vaccines be necessary everywhere i

1601
00:58:11,510 --> 00:58:08,960
don't want to say too many words that

1602
00:58:14,230 --> 00:58:11,520
could get flagged on different platforms

1603
00:58:16,309 --> 00:58:14,240
to the detriment of your viability and

1604
00:58:19,510 --> 00:58:16,319
your show's viability

1605
00:58:21,910 --> 00:58:19,520
yeah it's i i often imagine

1606
00:58:25,030 --> 00:58:21,920
i often imagine that this is what it was

1607
00:58:28,710 --> 00:58:25,040
like being in germany in the 1930s

1608
00:58:31,109 --> 00:58:28,720
when the nazis came in in 1933

1609
00:58:31,750 --> 00:58:31,119
and then little by little they did

1610
00:58:35,109 --> 00:58:31,760
things

1611
00:58:37,270 --> 00:58:35,119
to scare the population to tolerate new

1612
00:58:38,789 --> 00:58:37,280
clampdowns restrictions rules

1613
00:58:42,390 --> 00:58:38,799

regulations

1614

00:58:44,710 --> 00:58:42,400

until they became the full-blown awful

1615

00:58:46,549 --> 00:58:44,720

awful thing on the planet that nazi

1616

00:58:49,190 --> 00:58:46,559

germany was it was a little incremental

1617

00:58:53,349 --> 00:58:49,200

it was relatively fast

1618

00:58:55,670 --> 00:58:53,359

so it's just to be ready for anything

1619

00:58:56,630 --> 00:58:55,680

it's literally to be ready for anything

1620

00:58:58,789 --> 00:58:56,640

and to and to

1621

00:59:00,630 --> 00:58:58,799

and to know this is the privilege of

1622

00:59:02,470 --> 00:59:00,640

being my age

1623

00:59:04,870 --> 00:59:02,480

i'm not gonna say yes to everything just

1624

00:59:05,990 --> 00:59:04,880

to buy a little bit more time

1625

00:59:09,430 --> 00:59:06,000

you know i'm not going to go on the

1626

00:59:11,670 --> 00:59:09,440

boxcar i'm not getting in the boxcar

1627

00:59:14,069 --> 00:59:11,680

even if they say it's for my protection

1628

00:59:16,390 --> 00:59:14,079

you know oh i'm not i'm not doing it

1629

00:59:17,990 --> 00:59:16,400

i'm not going to help anyone arrest me

1630

00:59:21,670 --> 00:59:18,000

they can drag me down the concrete

1631

00:59:23,430 --> 00:59:21,680

steps i don't care but

1632

00:59:24,950 --> 00:59:23,440

you got to be my age to say that i

1633

00:59:26,710 --> 00:59:24,960

couldn't have said that just a few years

1634

00:59:26,950 --> 00:59:26,720

ago or let alone when i was in my you

1635

00:59:32,789 --> 00:59:26,960

know

1636

00:59:35,589 --> 00:59:32,799

to live and you're desperate to

1637

00:59:36,390 --> 00:59:35,599

you know make something of yourself and

1638

00:59:38,710 --> 00:59:36,400

you know

1639

00:59:39,910 --> 00:59:38,720

prove something and get some answers to

1640

00:59:42,150 --> 00:59:39,920

some questions and

1641

00:59:42,950 --> 00:59:42,160

i gotta throw a little story log on the

1642

00:59:44,870 --> 00:59:42,960

fire

1643

00:59:46,309 --> 00:59:44,880

are you familiar with uh rich martini

1644

00:59:48,870 --> 00:59:46,319

and his book flipside

1645

00:59:50,069 --> 00:59:48,880

so you but you've already referenced the

1646

00:59:53,270 --> 00:59:50,079

past life

1647

00:59:55,670 --> 00:59:53,280

between life stuff all that research

1648

00:59:57,270 --> 00:59:55,680

which if anyone wants to look into it is

1649

00:59:59,670 --> 00:59:57,280

pretty damn freaking solid

1650

01:00:00,549 --> 00:59:59,680

i mean the past life stuff is super

1651
01:00:02,950 --> 01:00:00,559
solid

1652
01:00:03,829 --> 01:00:02,960
so then when you look at what lipton did

1653
01:00:07,270 --> 01:00:03,839
in the between

1654
01:00:08,150 --> 01:00:07,280
lives it's kind of how do you how you

1655
01:00:10,390 --> 01:00:08,160
allow one

1656
01:00:11,430 --> 01:00:10,400
into your world view and reject the

1657
01:00:13,990 --> 01:00:11,440
other so

1658
01:00:15,430 --> 01:00:14,000
rich martini who is a hollywood producer

1659
01:00:16,549 --> 01:00:15,440
he did this movie in this book called

1660
01:00:18,549 --> 01:00:16,559
flipside

1661
01:00:20,390 --> 01:00:18,559
one of the stories he tells and he

1662
01:00:23,109 --> 01:00:20,400
videotapes and shows

1663
01:00:24,789 --> 01:00:23,119

is a woman who's on this weekend retreat

1664

01:00:27,829 --> 01:00:24,799

to do a between life regression

1665

01:00:28,789 --> 01:00:27,839

she regresses back she is a a

1666

01:00:32,309 --> 01:00:28,799

concentration

1667

01:00:35,349 --> 01:00:32,319

camp participant jewish and

1668

01:00:37,990 --> 01:00:35,359

she's being led to the gas chambers

1669

01:00:39,829 --> 01:00:38,000

and she remembers being led to the gas

1670

01:00:44,390 --> 01:00:39,839

chambers and she wants

1671

01:00:46,309 --> 01:00:44,400

to resist now she's like oh my god now

1672

01:00:48,230 --> 01:00:46,319

and she decides makes the conscious

1673

01:00:50,789 --> 01:00:48,240

decision that

1674

01:00:51,670 --> 01:00:50,799

no it's okay i will stay with my people

1675

01:00:54,309 --> 01:00:51,680

that's what i'll do

1676

01:00:56,069 --> 01:00:54,319

i'll stay with my people and she goes

1677

01:00:59,990 --> 01:00:56,079

into the gas chamber

1678

01:01:03,829 --> 01:01:00,000

and she dies and in the process of dying

1679

01:01:07,349 --> 01:01:03,839

she realizes that in many ways

1680

01:01:09,670 --> 01:01:07,359

her burden was less because the real

1681

01:01:12,150 --> 01:01:09,680

burden that she saw was the guilt that

1682

01:01:14,789 --> 01:01:12,160

was being held by

1683

01:01:16,789 --> 01:01:14,799

those prison guards who were there who

1684

01:01:17,670 --> 01:01:16,799

were victims to a certain extent and

1685

01:01:19,829 --> 01:01:17,680

that they weren't

1686

01:01:21,589 --> 01:01:19,839

you know so they were complicit but they

1687

01:01:23,750 --> 01:01:21,599

weren't really complicit

1688

01:01:26,309 --> 01:01:23,760

and they were carrying that

1689

01:01:27,670 --> 01:01:26,319

soul-crushing burden that they had of

1690

01:01:29,829 --> 01:01:27,680

what they had done

1691

01:01:31,430 --> 01:01:29,839

and they would carry that through their

1692

01:01:35,030 --> 01:01:31,440

life and maybe into

1693

01:01:37,270 --> 01:01:35,040

future lives so this to me

1694

01:01:38,309 --> 01:01:37,280

is back to one of these fundamental

1695

01:01:41,430 --> 01:01:38,319

questions of

1696

01:01:44,150 --> 01:01:41,440

you know what do we do and what do we

1697

01:01:47,589 --> 01:01:44,160

think we're supposed to do

1698

01:01:50,950 --> 01:01:47,599

when the boxcar comes very personal

1699

01:01:53,589 --> 01:01:50,960

very i i'm trying to organize a thought

1700

01:01:55,670 --> 01:01:53,599

and an answer you know because what do

1701

01:01:56,710 --> 01:01:55,680

we do and what are we supposed to do

1702

01:01:59,270 --> 01:01:56,720

when the boxcar

1703

01:01:59,829 --> 01:01:59,280

comes well i guess we've got to process

1704

01:02:01,430 --> 01:01:59,839

that each

1705

01:02:03,270 --> 01:02:01,440

for ourselves i can only tell you i

1706

01:02:04,230 --> 01:02:03,280

really i really hope i've got the

1707

01:02:07,510 --> 01:02:04,240

courage

1708

01:02:08,710 --> 01:02:07,520

to just gently and slowly just sit on

1709

01:02:12,549 --> 01:02:08,720

the floor

1710

01:02:13,910 --> 01:02:12,559

i'm not going to help myself go anywhere

1711

01:02:16,150 --> 01:02:13,920

and what are they going to do when that

1712

01:02:19,589 --> 01:02:16,160

happens i don't know will i cry

1713

01:02:22,789 --> 01:02:19,599

will i sh will i lose control of my

1714

01:02:26,230 --> 01:02:25,109

or will i cave will i go ahead will i go

1715

01:02:28,950 --> 01:02:26,240

along you know

1716

01:02:31,190 --> 01:02:28,960

um hopefully won't get that way this is

1717

01:02:34,309 --> 01:02:31,200

very scary to imagine it's a very scary

1718

01:02:35,750 --> 01:02:34,319

scenario and scary things uh

1719

01:02:37,990 --> 01:02:35,760

come our way you don't get through life

1720

01:02:40,870 --> 01:02:38,000

without a few scary things

1721

01:02:42,470 --> 01:02:40,880

as you alluded to before when you really

1722

01:02:45,510 --> 01:02:42,480

dig into this

1723

01:02:49,349 --> 01:02:45,520

one possible way of looking at it is

1724

01:02:53,029 --> 01:02:49,359

this is an exercise in scary [h__h]

1725

01:02:57,109 --> 01:02:53,039

this is an exercise to orchestrate fear

1726

01:02:59,510 --> 01:02:57,119

to keep those parents at bay

1727

01:03:01,589 --> 01:02:59,520

the good parents that are inside us that

1728

01:03:03,109 --> 01:03:01,599

spiritually guide us the elders that

1729

01:03:06,630 --> 01:03:03,119

spiritually guide us

1730

01:03:09,670 --> 01:03:06,640

one way to keep them at bay is fear

1731

01:03:11,670 --> 01:03:09,680

right yeah yeah yeah that's how we can

1732

01:03:13,349 --> 01:03:11,680

be easily controlled

1733

01:03:15,349 --> 01:03:13,359

and that's how they show us things and

1734

01:03:16,470 --> 01:03:15,359

they do things to us to scare the hell

1735

01:03:18,789 --> 01:03:16,480

out of us

1736

01:03:20,069 --> 01:03:18,799

life could be called fear management you

1737

01:03:21,829 --> 01:03:20,079

know yes oh

1738

01:03:23,589 --> 01:03:21,839

you want to have a human life where

1739

01:03:25,349 --> 01:03:23,599

eternal souls having a beer

1740

01:03:27,349 --> 01:03:25,359

evaluating gee am i in the mood for

1741

01:03:29,589 --> 01:03:27,359

another human life or not you know

1742

01:03:31,990 --> 01:03:29,599

remember it's all fear management yeah

1743

01:03:36,309 --> 01:03:34,789

i love that that's great yeah we have to

1744

01:03:38,069 --> 01:03:36,319

imagine it's a great meeting great

1745

01:03:38,870 --> 01:03:38,079

purpose we need that all the wise ones

1746

01:03:40,789 --> 01:03:38,880

say that

1747

01:03:42,150 --> 01:03:40,799

you know a human life without you know a

1748

01:03:44,789 --> 01:03:42,160

purpose

1749

01:03:46,069 --> 01:03:44,799

or an idea that makes it endurable

1750

01:03:51,270 --> 01:03:46,079

livable

1751

01:03:52,950 --> 01:03:51,280

it's looking at it this that it is this

1752

01:03:54,150 --> 01:03:52,960

kind of spiritual adventure that we've

1753

01:03:55,510 --> 01:03:54,160

designed for ourselves quite

1754

01:03:57,190 --> 01:03:55,520

intentionally

1755

01:03:59,190 --> 01:03:57,200

i love a lot of the survivors or the

1756

01:04:00,870 --> 01:03:59,200

returnees from near-death experiences

1757

01:04:03,029 --> 01:04:00,880

say

1758

01:04:03,990 --> 01:04:03,039

i realized that it was everything that

1759

01:04:05,349 --> 01:04:04,000

happened was

1760

01:04:07,829 --> 01:04:05,359

i knew it was going to happen you know

1761

01:04:08,950 --> 01:04:07,839

before i came in before i incarnated you

1762

01:04:13,190 --> 01:04:08,960

know

1763

01:04:15,589 --> 01:04:13,200

so that's playful so if we can cultivate

1764

01:04:17,750 --> 01:04:15,599

this idea of you know perfect safety

1765

01:04:18,870 --> 01:04:17,760

even in the midst of all this

1766

01:04:20,390 --> 01:04:18,880

there's always going to be things that

1767

01:04:21,670 --> 01:04:20,400

scares i think i have in my book or

1768

01:04:24,150 --> 01:04:21,680

maybe it got taken out

1769

01:04:25,349 --> 01:04:24,160

toward the end the little parable of the

1770

01:04:27,510 --> 01:04:25,359

man being

1771

01:04:29,109 --> 01:04:27,520

chased by the bear and he comes to the

1772

01:04:31,029 --> 01:04:29,119

edge of a cliff

1773

01:04:32,390 --> 01:04:31,039

and there's a tiger at the bottom who's

1774

01:04:33,990 --> 01:04:32,400

uh snarling

1775

01:04:36,390 --> 01:04:34,000

but he's got to climb down because the

1776

01:04:38,630 --> 01:04:36,400

bear's coming and he's halfway between

1777

01:04:40,390 --> 01:04:38,640

the bears pawing from the top trying to

1778

01:04:41,829 --> 01:04:40,400

get him and the tiger's jumping up from

1779

01:04:44,230 --> 01:04:41,839

the bottom trying to get him he's

1780

01:04:45,829 --> 01:04:44,240

clinging to the side

1781

01:04:47,829 --> 01:04:45,839

and right in front of his face there's a

1782

01:04:50,150 --> 01:04:47,839

big red strawberry

1783

01:04:52,150 --> 01:04:50,160

and he eats it and it's the most

1784

01:04:55,270 --> 01:04:52,160

delicious strawberry he's ever tasted in

1785

01:04:56,870 --> 01:04:55,280

his life and i've broken that down to

1786

01:04:59,109 --> 01:04:56,880

think the bear is our past

1787

01:05:00,549 --> 01:04:59,119

always chasing us and the tiger is our

1788

01:05:01,349 --> 01:05:00,559

frightening future it just looks

1789

01:05:04,470 --> 01:05:01,359

hopeless

1790

01:05:06,710 --> 01:05:04,480

but the present moment is our is

1791

01:05:10,390 --> 01:05:06,720

delicious it's this is our strawberry

1792

01:05:17,349 --> 01:05:13,430

so that living in the moment kind of

1793

01:05:19,190 --> 01:05:17,359

wisdom how do you connect that to

1794

01:05:20,390 --> 01:05:19,200

what we're living through right now what

1795

01:05:23,349 --> 01:05:20,400

we're going through

1796

01:05:25,430 --> 01:05:23,359

you know the example or the story that i

1797

01:05:25,829 --> 01:05:25,440

always cling to and i use so often in

1798

01:05:27,109 --> 01:05:25,839

this

1799

01:05:29,670 --> 01:05:27,119

because i'm kind of drawn to the

1800

01:05:31,270 --> 01:05:29,680

non-dual perspective although i don't

1801

01:05:34,549 --> 01:05:31,280

want to cling too tightly to that

1802

01:05:36,309 --> 01:05:34,559

is the the hugging saint ama who is

1803

01:05:37,829 --> 01:05:36,319

i was turned on to by my friend rick

1804

01:05:39,829 --> 01:05:37,839

archer at bat gap and i went and

1805

01:05:40,789 --> 01:05:39,839

actually spent a weekend in l.a and

1806

01:05:42,870 --> 01:05:40,799

visit her and

1807

01:05:43,829 --> 01:05:42,880

got a couple hugs and they didn't do

1808

01:05:46,630 --> 01:05:43,839

much for me but

1809

01:05:48,470 --> 01:05:46,640

i i respect where she's coming from but

1810

01:05:51,829 --> 01:05:48,480

tirelessly working

1811

01:05:53,029 --> 01:05:51,839

18 hours a day as an elder woman digging

1812

01:05:56,549 --> 01:05:53,039

latrines

1813

01:05:59,990 --> 01:05:56,559

in india for the untouchables doing

1814

01:06:03,109 --> 01:06:00,000

everything she can with every

1815

01:06:06,470 --> 01:06:03,119

ounce of energy she has and when she's

1816

01:06:09,910 --> 01:06:06,480

asked you know amma you tell us

1817

01:06:11,510 --> 01:06:09,920

that this world is not what it's about

1818

01:06:14,870 --> 01:06:11,520

this is an illusion

1819

01:06:17,029 --> 01:06:14,880

and yet all you do is about this world

1820

01:06:17,589 --> 01:06:17,039

all this energy you do is about this

1821

01:06:25,670 --> 01:06:17,599

world

1822

01:06:28,710 --> 01:06:25,680

and to me that is i'm not there

1823

01:06:30,470 --> 01:06:28,720

you know i'm with you buddy we are side

1824

01:06:32,950 --> 01:06:30,480

by side i get

1825

01:06:35,109 --> 01:06:32,960

when you said you know we are the the

1826

01:06:38,390 --> 01:06:35,119

manager general type we

1827

01:06:41,670 --> 01:06:38,400

she is the elder and i i

1828

01:06:44,950 --> 01:06:41,680

am the manager general type who does get

1829

01:06:45,990 --> 01:06:44,960

fired up by that i'm gonna go research

1830

01:06:49,430 --> 01:06:46,000

that rfk

1831

01:06:52,630 --> 01:06:49,440

thing i want to know and i'm going to

1832

01:06:53,190 --> 01:06:52,640

try and gain hold of my emotions to not

1833

01:06:56,230 --> 01:06:53,200

get too

1834

01:06:56,630 --> 01:06:56,240

sucked into wanting to know more but i

1835

01:06:59,589 --> 01:06:56,640

do

1836

01:07:00,230 --> 01:06:59,599

sure as [h__\h] appreciate the elders who

1837

01:07:04,150 --> 01:07:00,240

remind

1838

01:07:06,710 --> 01:07:04,160

us world what world my world

1839

01:07:08,390 --> 01:07:06,720

yeah yeah that reminds me what i think

1840

01:07:12,150 --> 01:07:08,400

i've heard about mother teresa

1841

01:07:14,470 --> 01:07:12,160

similar experience she had an aha

1842

01:07:17,270 --> 01:07:14,480

looking at some suffering soul

1843

01:07:17,990 --> 01:07:17,280

lying in the street and just hug them

1844

01:07:19,510 --> 01:07:18,000

you know

1845

01:07:21,109 --> 01:07:19,520

and the other sisters in her convent

1846

01:07:23,029 --> 01:07:21,119

found her and said

1847

01:07:24,870 --> 01:07:23,039

what are you doing we've got paperwork

1848

01:07:26,390 --> 01:07:24,880

to do we've got you know

1849

01:07:28,069 --> 01:07:26,400

and she just and then the person died

1850

01:07:30,390 --> 01:07:28,079

she i think that's her legacy

1851

01:07:31,589 --> 01:07:30,400

she was just hugging and comforting the

1852

01:07:34,470 --> 01:07:31,599

real sick

1853

01:07:36,630 --> 01:07:34,480

dirty diseased people with her own hands

1854

01:07:38,789 --> 01:07:36,640

as much as possible

1855

01:07:40,870 --> 01:07:38,799

right i think that's that's her she was

1856

01:07:43,829 --> 01:07:40,880

she was on stage bro

1857

01:07:44,549 --> 01:07:43,839

she was on stage being present wasn't

1858

01:07:49,190 --> 01:07:44,559

she

1859

01:07:52,390 --> 01:07:49,200

that other actor

1860

01:07:54,549 --> 01:07:52,400

and being in the moment wasn't she

1861

01:07:55,510 --> 01:07:54,559

tell us tell us bruce in the time we

1862

01:07:58,630 --> 01:07:55,520

have left

1863

01:08:00,150 --> 01:07:58,640

what else you want people to get and

1864

01:08:03,029 --> 01:08:00,160

understand from this

1865

01:08:03,750 --> 01:08:03,039

fantastically interesting book god

1866

01:08:06,789 --> 01:08:03,760

school

1867

01:08:07,109 --> 01:08:06,799

9 11 and jfk the lies that are killing

1868

01:08:13,270 --> 01:08:07,119

us

1869

01:08:15,029 --> 01:08:13,280

well uh tangibly i

1870

01:08:16,390 --> 01:08:15,039

fee people should go to my site where

1871

01:08:21,829 --> 01:08:16,400

you can read all about the book

1872

01:08:25,030 --> 01:08:21,839

bruce d taurus.com d-e-t-o-r-r-e-s

1873

01:08:26,550 --> 01:08:25,040

dot com and

1874

01:08:27,910 --> 01:08:26,560

there'll be a way for you you can buy it

1875

01:08:29,910 --> 01:08:27,920

if you want but at least you'll see on

1876

01:08:32,070 --> 01:08:29,920

the front page these amazing

1877

01:08:34,390 --> 01:08:32,080

reviews that it's gotten by folks who

1878

01:08:36,470 --> 01:08:34,400

are respectable minds who've written a

1879

01:08:39,910 --> 01:08:36,480

lot about these topics what i want

1880

01:08:42,550 --> 01:08:39,920

folks to get is the

1881

01:08:45,189 --> 01:08:42,560

the hopefully candor at the beginning i

1882

01:08:46,709 --> 01:08:45,199

spend the first many pages

1883

01:08:49,910 --> 01:08:46,719

talking about myself my thought

1884

01:08:53,510 --> 01:08:49,920

processes and my own emotional kind of

1885

01:08:55,669 --> 01:08:53,520

challenges because uh

1886

01:08:57,590 --> 01:08:55,679

i'm a human and that'll you know i'm not

1887

01:08:58,390 --> 01:08:57,600

coming from a pedestal i hope i don't

1888

01:09:00,550 --> 01:08:58,400

come from uh

1889

01:09:02,630 --> 01:09:00,560

and i might because i do say things with

1890

01:09:05,349 --> 01:09:02,640

great assertiveness

1891

01:09:07,189 --> 01:09:05,359

later on my opinions i'll stand strong

1892

01:09:09,430 --> 01:09:07,199

for my opinions if and i try to make the

1893

01:09:11,430 --> 01:09:09,440

case in them but

1894

01:09:13,269 --> 01:09:11,440

the book really helps us grow up if you

1895

01:09:14,149 --> 01:09:13,279

have any doubt about any of the major

1896

01:09:17,189 --> 01:09:14,159

topics

1897

01:09:18,309 --> 01:09:17,199

uh that that's who it's for um the

1898

01:09:20,789 --> 01:09:18,319

critique about

1899

01:09:22,950 --> 01:09:20,799

you know everything in the title is real

1900

01:09:24,870 --> 01:09:22,960

but it's just not the official story

1901

01:09:26,070 --> 01:09:24,880

you know so the god chapter takes on

1902

01:09:28,070 --> 01:09:26,080

organized religion

1903

01:09:30,309 --> 01:09:28,080

to paint a bigger picture of who or what

1904

01:09:33,349 --> 01:09:30,319

the spiritual force

1905

01:09:35,110 --> 01:09:33,359

is bruce makes the case it's you

1906

01:09:36,709 --> 01:09:35,120

my friend and it's me and it's every

1907

01:09:39,269 --> 01:09:36,719

moment and it's every life and it's

1908

01:09:44,550 --> 01:09:39,279

every animal and it's every child

1909

01:09:46,709 --> 01:09:44,560

and i just want to indict and convict

1910

01:09:48,470 --> 01:09:46,719

the mass media and the federal

1911

01:09:51,590 --> 01:09:48,480

government as

1912

01:09:54,870 --> 01:09:51,600

liars and murderers why so we take

1913

01:09:56,470 --> 01:09:54,880

what they say today with a grain of salt

1914

01:09:58,070 --> 01:09:56,480

and we do our own research and we

1915

01:10:01,430 --> 01:09:58,080

confirm is this

1916

01:10:04,709 --> 01:10:01,440

an enemy or is it not is this a remedy

1917

01:10:07,110 --> 01:10:04,719

or is it not that's the major

1918

01:10:09,350 --> 01:10:07,120

function of the book and the the great

1919

01:10:12,709 --> 01:10:09,360

takeaway hopefully is

1920

01:10:16,229 --> 01:10:12,719

um a spiritual imagination

1921

01:10:16,550 --> 01:10:16,239

and a description of our power that what

1922

01:10:28,630 --> 01:10:16,560

we

1923

01:10:29,430 --> 01:10:28,640

what am i what i'm focusing on or not

1924

01:10:33,189 --> 01:10:29,440

and if i'm not

1925

01:10:35,270 --> 01:10:33,199

why not why can't i enjoy what i behold

1926

01:10:37,270 --> 01:10:35,280

and then it encourages us to do the

1927

01:10:37,990 --> 01:10:37,280

soul-searching to get up early do the

1928

01:10:41,430 --> 01:10:38,000

journaling

1929

01:10:42,470 --> 01:10:41,440

ask the hard questions who am i why am i

1930

01:10:45,510 --> 01:10:42,480

here

1931

01:10:45,990 --> 01:10:45,520

what's a good life what's the nature of

1932

01:10:48,870 --> 01:10:46,000

good

1933

01:10:50,550 --> 01:10:48,880

what's the nature of evil and what do i

1934

01:10:52,950 --> 01:10:50,560

want

1935

01:10:54,630 --> 01:10:52,960

and to develop a moral philosophy this

1936

01:10:56,229 --> 01:10:54,640

is what i think is good bad this is

1937

01:10:59,350 --> 01:10:56,239

what's right and wrong

1938

01:11:03,189 --> 01:10:59,360

for me and i get to be with me

1939

01:11:05,750 --> 01:11:03,199

24 7. i better be better be a cool dude

1940

01:11:07,830 --> 01:11:05,760

i better become a cool dude i better be

1941

01:11:10,870 --> 01:11:07,840

someone whose company i can stand

1942

01:11:14,229 --> 01:11:10,880

because i'm stuck with me you know

1943

01:11:18,149 --> 01:11:14,239

for the duration and there's

1944

01:11:20,950 --> 01:11:18,159

and there's no more fun and powerful way

1945

01:11:22,790 --> 01:11:20,960

to get over yourself than to pay

1946

01:11:24,070 --> 01:11:22,800

attention to somebody else and care

1947

01:11:25,990 --> 01:11:24,080

what are they thinking what are they

1948

01:11:28,870 --> 01:11:26,000

feeling why are they doing this why

1949

01:11:29,430 --> 01:11:28,880

they do that and to ask and to care not

1950

01:11:33,510 --> 01:11:29,440

to

1951

01:11:36,390 --> 01:11:33,520

codependent

1952

01:11:37,910 --> 01:11:36,400

and attach yourself to them like a slave

1953

01:11:40,229 --> 01:11:37,920

that's very easy

1954

01:11:43,350 --> 01:11:40,239

years of experience talking there that's

1955

01:11:46,550 --> 01:11:43,360

the big snowball of my book alex

1956

01:11:49,510 --> 01:11:46,560

okay let me let me in skeptical fashion

1957

01:11:50,149 --> 01:11:49,520

kind of do a counter narrative if you

1958

01:11:51,669 --> 01:11:50,159

will

1959

01:11:53,590 --> 01:11:51,679

because this stuff just never gets

1960

01:11:54,709 --> 01:11:53,600

talked about in our community if you

1961

01:11:58,870 --> 01:11:54,719

will

1962

01:12:00,630 --> 01:11:58,880

and that is so consider the possibility

1963

01:12:02,070 --> 01:12:00,640

that you could come to the conclusion

1964

01:12:05,430 --> 01:12:02,080

reasonably rationally

1965

01:12:07,750 --> 01:12:05,440

looking at the data that there kind of

1966

01:12:09,189 --> 01:12:07,760

are a few too many people on the planet

1967

01:12:11,350 --> 01:12:09,199

you know it ain't so good

1968

01:12:13,510 --> 01:12:11,360

and we can keep talking about global

1969

01:12:15,830 --> 01:12:13,520

warming which is probably [h__h]

1970

01:12:16,950 --> 01:12:15,840

but the underlying idea that you can't

1971

01:12:19,030 --> 01:12:16,960

keep just

1972

01:12:19,990 --> 01:12:19,040

throwing your [h__h] into the air and into

1973

01:12:22,310 --> 01:12:20,000

the ocean

1974

01:12:23,990 --> 01:12:22,320

that probably don't work either and the

1975

01:12:26,310 --> 01:12:24,000

idea that you know

1976

01:12:27,750 --> 01:12:26,320

the ecosystems are collapsing that's

1977

01:12:29,350 --> 01:12:27,760

probably [h__\h]

1978

01:12:31,750 --> 01:12:29,360

but then again it probably ain't

1979

01:12:32,310 --> 01:12:31,760

[h__\h] that the fish population is

1980

01:12:35,590 --> 01:12:32,320

like

1981

01:12:37,189 --> 01:12:35,600

10 of what it is so let's say you and a

1982

01:12:39,189 --> 01:12:37,199

couple of your friends got together and

1983

01:12:42,310 --> 01:12:39,199

you said you know

1984

01:12:45,510 --> 01:12:42,320

it does seem that the population

1985

01:12:47,030 --> 01:12:45,520

thing is a problem and it could get

1986

01:12:50,390 --> 01:12:47,040

worse it could get a lot

1987

01:12:52,149 --> 01:12:50,400

worse if we keep increasing the amount

1988

01:12:54,070 --> 01:12:52,159

of people that we're trying to

1989

01:12:55,669 --> 01:12:54,080

put on this planet and what if we went

1990

01:12:57,030 --> 01:12:55,679

one step further and somebody said yeah

1991

01:12:58,950 --> 01:12:57,040

you know how it's going to get worse

1992

01:13:01,669 --> 01:12:58,960

we've got a lot of people right now

1993

01:13:02,630 --> 01:13:01,679

who just eat rice or beans or other

1994

01:13:04,470 --> 01:13:02,640

stuff

1995

01:13:07,189 --> 01:13:04,480

what's going to happen when they want to

1996

01:13:09,510 --> 01:13:07,199

eat protein which takes a lot but

1997

01:13:11,270 --> 01:13:09,520

is a lot harder on the environment and

1998

01:13:11,990 --> 01:13:11,280

god forbid what's going to happen when

1999

01:13:15,189 --> 01:13:12,000

they say

2000

01:13:17,910 --> 01:13:15,199

hey i should be able to drive a

2001

01:13:18,709 --> 01:13:17,920

at least a little moped if not a car

2002

01:13:21,669 --> 01:13:18,719

into town

2003

01:13:23,910 --> 01:13:21,679

and i should be able to have that iphone

2004

01:13:25,830 --> 01:13:23,920

or at least some kind of device with a

2005

01:13:27,510 --> 01:13:25,840

lithium battery that pollutes the

2006

01:13:30,070 --> 01:13:27,520

environment so you know

2007

01:13:32,630 --> 01:13:30,080

there's it's not just people it's

2008

01:13:35,510 --> 01:13:32,640

technology of the people we already have

2009

01:13:37,510 --> 01:13:35,520

so what if your little cadre of friends

2010

01:13:40,550 --> 01:13:37,520

got together and said

2011

01:13:42,149 --> 01:13:40,560

you know what this is kind of as a

2012

01:13:44,950 --> 01:13:42,159

responsible

2013

01:13:45,990 --> 01:13:44,960

group who are kind of have some

2014

01:13:48,229 --> 01:13:46,000

influence

2015

01:13:49,189 --> 01:13:48,239

this is something we should address what

2016

01:13:52,870 --> 01:13:49,199

do you do

2017

01:13:53,990 --> 01:13:52,880

in that situation and and you know where

2018

01:13:55,750 --> 01:13:54,000

i'm going with this

2019

01:13:57,030 --> 01:13:55,760

maybe what you do is what we see right

2020

01:13:59,590 --> 01:13:57,040

now

2021

01:14:01,510 --> 01:13:59,600

right that's a plausible explanation for

2022

01:14:05,669 --> 01:14:01,520

the policies that are

2023

01:14:08,070 --> 01:14:05,679

tightening around our neck i'll say um

2024

01:14:09,910 --> 01:14:08,080

but if if sane and rational folks could

2025

01:14:11,910 --> 01:14:09,920

address that reality

2026

01:14:14,070 --> 01:14:11,920

first confirm that that's the reality

2027

01:14:16,870 --> 01:14:14,080

and let's assume that it is

2028

01:14:19,590 --> 01:14:16,880

um i thought while you were describing

2029

01:14:23,350 --> 01:14:19,600

that let's add to that

2030

01:14:24,149 --> 01:14:23,360

a focus on rules and regs and

2031

01:14:27,990 --> 01:14:24,159

governments

2032

01:14:30,229 --> 01:14:28,000

that protect the rights of the people

2033

01:14:31,430 --> 01:14:30,239

on an even playing field not the special

2034

01:14:34,149 --> 01:14:31,440

interest not the giant club

2035

01:14:36,390 --> 01:14:34,159

oh i have no interest really in doing

2036

01:14:38,149 --> 01:14:36,400

that that's never worked in history

2037

01:14:39,430 --> 01:14:38,159

again i'm now taking the other side of

2038

01:14:42,550 --> 01:14:39,440

this that's

2039

01:14:44,070 --> 01:14:42,560

never worked in history and it's not

2040

01:14:45,990 --> 01:14:44,080

going to work

2041

01:14:47,510 --> 01:14:46,000

in the future bruce so you're as part of

2042

01:14:49,830 --> 01:14:47,520

the committee and i'm just

2043

01:14:51,189 --> 01:14:49,840

shouting that down i'll buy you off i'll

2044

01:14:53,430 --> 01:14:51,199

do whatever i have to

2045

01:14:54,229 --> 01:14:53,440

i'll clintonize you and move you out of

2046

01:14:56,070 --> 01:14:54,239

the equation

2047

01:14:57,830 --> 01:14:56,080

but basically what we need here is a

2048

01:14:59,830 --> 01:14:57,840

strong hand to get this [h__h] done

2049

01:15:01,990 --> 01:14:59,840

and if you're waiting for a consensus

2050

01:15:04,070 --> 01:15:02,000

forget it you're never going to get it

2051

01:15:05,510 --> 01:15:04,080

i don't know how long i'd stay i'd be i

2052

01:15:08,310 --> 01:15:05,520

would last on the committee

2053

01:15:09,189 --> 01:15:08,320

with you know can we put it through a

2054

01:15:10,790 --> 01:15:09,199

vote who

2055

01:15:13,910 --> 01:15:10,800

can we appeal to the other members i

2056

01:15:17,270 --> 01:15:13,920

don't see anyone around but

2057

01:15:20,229 --> 01:15:17,280

um you know

2058

01:15:22,070 --> 01:15:20,239

let's let's say you represented everyone

2059

01:15:24,229 --> 01:15:22,080

i had to work with and you all agree

2060

01:15:25,990 --> 01:15:24,239

to that like oh okay there's no there's

2061

01:15:27,590 --> 01:15:26,000

no political there's no consensus

2062

01:15:30,870 --> 01:15:27,600

possible there's

2063

01:15:33,350 --> 01:15:30,880

there's just what the rich and powerful

2064

01:15:35,910 --> 01:15:33,360

are going to do or can do you're we're

2065

01:15:38,950 --> 01:15:35,920

speaking as if we represent

2066

01:15:40,550 --> 01:15:38,960

uh the world economic forum hold up

2067

01:15:42,229 --> 01:15:40,560

let me just add to this this might be

2068

01:15:44,110 --> 01:15:42,239

way off target

2069

01:15:45,990 --> 01:15:44,120

i think that's kind of a

2070

01:15:49,270 --> 01:15:46,000

mischaracterization of that

2071

01:15:51,110 --> 01:15:49,280

it's not that the rich and powerful want

2072

01:15:54,070 --> 01:15:51,120

to rule the world

2073

01:15:56,390 --> 01:15:54,080

for their own evil gain it's that

2074

01:15:59,590 --> 01:15:56,400

there's only one way to rule the world

2075

01:16:02,630 --> 01:15:59,600

it's the roman way it's total war

2076

01:16:05,510 --> 01:16:02,640

it's total domination it's you can't

2077

01:16:06,790 --> 01:16:05,520

change anything unless you're in power

2078

01:16:09,270 --> 01:16:06,800

so make sure you

2079

01:16:10,149 --> 01:16:09,280

win so whether you want good or whether

2080

01:16:12,229 --> 01:16:10,159

you don't

2081

01:16:14,070 --> 01:16:12,239

you're not going to get it by sitting on

2082

01:16:17,669 --> 01:16:14,080

the sideline and that's why

2083

01:16:19,510 --> 01:16:17,679

we have a jeffrey epstein who is a front

2084

01:16:20,310 --> 01:16:19,520

man he's not really the person pulling

2085

01:16:22,229 --> 01:16:20,320

the strings

2086

01:16:24,310 --> 01:16:22,239

but that's why we have human compromise

2087

01:16:25,590 --> 01:16:24,320

right let me catch that guy back in the

2088

01:16:28,149 --> 01:16:25,600

50s

2089

01:16:28,870 --> 01:16:28,159

let me get j edgar hoover a picture of

2090

01:16:30,709 --> 01:16:28,880

him

2091

01:16:31,990 --> 01:16:30,719

dressed up in women's clothes and in a

2092

01:16:34,390 --> 01:16:32,000

compromising

2093

01:16:36,070 --> 01:16:34,400

homosexual position and now i own that

2094

01:16:38,229 --> 01:16:36,080

guy for life and he says ridiculous

2095

01:16:38,709 --> 01:16:38,239

things like there is no mafia and other

2096

01:16:41,910 --> 01:16:38,719

just

2097

01:16:43,830 --> 01:16:41,920

absurdly crazy things well today

2098

01:16:45,990 --> 01:16:43,840

those pictures wouldn't carry quite as

2099

01:16:48,149 --> 01:16:46,000

much weight so let me get somebody with

2100

01:16:49,990 --> 01:16:48,159

a little kid or let me get somebody

2101
01:16:52,709 --> 01:16:50,000
doing something else but human

2102
01:16:53,030 --> 01:16:52,719
compromise is the way to go and whether

2103
01:16:57,350 --> 01:16:53,040
i'm

2104
01:16:59,430 --> 01:16:57,360
a good player or a evil player

2105
01:17:01,110 --> 01:16:59,440
if i'm not willing to play that game

2106
01:17:02,709 --> 01:17:01,120
then i better step aside

2107
01:17:05,030 --> 01:17:02,719
because the guy who's playing that game

2108
01:17:09,669 --> 01:17:05,040
against me is gonna win

2109
01:17:16,310 --> 01:17:13,430
i guess i'm stuck in a in a desire a

2110
01:17:19,669 --> 01:17:16,320
need a belief a conviction

2111
01:17:22,790 --> 01:17:19,679
that if the rights

2112
01:17:25,030 --> 01:17:22,800
of human beings could be honored and

2113
01:17:27,350 --> 01:17:25,040

recognized if human beings could defend

2114

01:17:30,390 --> 01:17:27,360

their own rights in such a way

2115

01:17:33,669 --> 01:17:30,400

it's tough to compete with the i

2116

01:17:34,630 --> 01:17:33,679

i can't rule out i think as you just did

2117

01:17:37,750 --> 01:17:34,640

that the

2118

01:17:40,550 --> 01:17:37,760

rich and the powerful did you

2119

01:17:41,910 --> 01:17:40,560

say that they're not trying to control

2120

01:17:45,030 --> 01:17:41,920

us and or

2121

01:17:47,510 --> 01:17:45,040

from evil or selfish intent

2122

01:17:48,709 --> 01:17:47,520

no i think what i was trying to say is

2123

01:17:51,590 --> 01:17:48,719

in this kind of just

2124

01:17:52,950 --> 01:17:51,600

stream of consciousness thing is that

2125

01:17:55,750 --> 01:17:52,960

let's say we took

2126
01:17:57,030 --> 01:17:55,760
the rich and powerful and we put him on

2127
01:18:00,470 --> 01:17:57,040
a bell curve

2128
01:18:02,470 --> 01:18:00,480
of evilness they'd fit

2129
01:18:03,750 --> 01:18:02,480
they'd fit they wouldn't all be on one

2130
01:18:05,350 --> 01:18:03,760
side of that curve of

2131
01:18:07,910 --> 01:18:05,360
oh you're rich and powerful therefore

2132
01:18:08,470 --> 01:18:07,920
you're evil there's rich and powerful

2133
01:18:12,149 --> 01:18:08,480
that are

2134
01:18:13,750 --> 01:18:12,159
good and there's the bell curve there's

2135
01:18:15,750 --> 01:18:13,760
all the people in between

2136
01:18:17,189 --> 01:18:15,760
but keep going because i i like where

2137
01:18:18,870 --> 01:18:17,199
you're going with the dilemma you give

2138
01:18:21,750 --> 01:18:18,880

me great hope no i love

2139

01:18:22,790 --> 01:18:21,760

the bell curve i love them as a model

2140

01:18:26,070 --> 01:18:22,800

for

2141

01:18:27,590 --> 01:18:26,080

alex my takeaway from this you just okay

2142

01:18:29,750 --> 01:18:27,600

i don't get too dramatic that's a little

2143

01:18:31,510 --> 01:18:29,760

too easy for me but i will say

2144

01:18:32,950 --> 01:18:31,520

it's quite liberating to imagine the

2145

01:18:34,390 --> 01:18:32,960

quote-unquote rich and powerful the

2146

01:18:35,350 --> 01:18:34,400

elite of the elite the one percent of

2147

01:18:37,590 --> 01:18:35,360

the one percent

2148

01:18:38,709 --> 01:18:37,600

who who have their hands on the levers

2149

01:18:40,790 --> 01:18:38,719

of control

2150

01:18:42,870 --> 01:18:40,800

fit into the bell curve that at one

2151

01:18:46,470 --> 01:18:42,880

fringe there are supremely

2152

01:18:48,550 --> 01:18:46,480

psychopathic and evil tyrannical tyrants

2153

01:18:50,550 --> 01:18:48,560

and at the other hand are folks who

2154

01:18:52,950 --> 01:18:50,560

would be saint-like and

2155

01:18:54,550 --> 01:18:52,960

beneficent to us right and the

2156

01:18:57,030 --> 01:18:54,560

vast majority in the middle

2157

01:18:58,630 --> 01:18:57,040

just muddle through and whoever is in

2158

01:19:00,470 --> 01:18:58,640

charge today they're just gonna

2159

01:19:01,910 --> 01:19:00,480

get they'll be evil if evil's in charge

2160

01:19:03,030 --> 01:19:01,920

they'll be good if evil is in charge

2161

01:19:05,910 --> 01:19:03,040

they just don't care

2162

01:19:07,669 --> 01:19:05,920

they're just gonna waddle through okay

2163

01:19:08,550 --> 01:19:07,679

that gives me great hope because there's

2164

01:19:10,870 --> 01:19:08,560

fewer

2165

01:19:12,709 --> 01:19:10,880

purely tyrannical and evil minded there

2166

01:19:15,350 --> 01:19:12,719

really really are

2167

01:19:16,790 --> 01:19:15,360

which is which all the moral reason to

2168

01:19:19,830 --> 01:19:16,800

leverage

2169

01:19:21,750 --> 01:19:19,840

human nature because that also fits in

2170

01:19:23,990 --> 01:19:21,760

the bell curve there are deviants and

2171

01:19:26,709 --> 01:19:24,000

criminals that psychopaths at one side

2172

01:19:27,990 --> 01:19:26,719

there are real saints like the woman who

2173

01:19:30,950 --> 01:19:28,000

just hugs

2174

01:19:31,430 --> 01:19:30,960

people in her 80s and cleans latrines in

2175

01:19:33,750 --> 01:19:31,440

india

2176

01:19:35,910 --> 01:19:33,760

but the vast majority in the middle just

2177

01:19:37,669 --> 01:19:35,920

want to love and kiss their grandparents

2178

01:19:39,350 --> 01:19:37,679

love and kiss their kids

2179

01:19:40,950 --> 01:19:39,360

have a couple beers put their feet up

2180

01:19:41,669 --> 01:19:40,960

and watch the boob tube at the end of

2181

01:19:43,590 --> 01:19:41,679

the day

2182

01:19:45,189 --> 01:19:43,600

they really don't care what's happening

2183

01:19:46,709 --> 01:19:45,199

politically they really don't care

2184

01:19:47,990 --> 01:19:46,719

what's happening in tijuana

2185

01:19:50,149 --> 01:19:48,000

they really they really don't care

2186

01:19:51,830 --> 01:19:50,159

because if you have a belly full of food

2187

01:19:54,390 --> 01:19:51,840

we've never had this in our evolutionary

2188

01:19:58,870 --> 01:19:54,400

history until the last 150 years

2189

01:20:01,990 --> 01:19:58,880

a belly full of food and decent shelter

2190

01:20:04,229 --> 01:20:02,000

turn that tv on i don't want to think

2191

01:20:07,110 --> 01:20:04,239

what's there to think about how can i

2192

01:20:10,629 --> 01:20:09,430

that's beautiful you know uh the quote

2193

01:20:12,950 --> 01:20:10,639

that i

2194

01:20:14,070 --> 01:20:12,960

sometimes cling to for the bell curve

2195

01:20:16,870 --> 01:20:14,080

thing

2196

01:20:19,350 --> 01:20:16,880

is uh gandhi who was political was a

2197

01:20:20,870 --> 01:20:19,360

political person we can kind of forget

2198

01:20:23,189 --> 01:20:20,880

that because we always

2199

01:20:23,910 --> 01:20:23,199

picture him as this saintly guy but he

2200

01:20:25,910 --> 01:20:23,920

was he was

2201

01:20:27,590 --> 01:20:25,920

right he did the deal with pakistan to

2202

01:20:29,750 --> 01:20:27,600

divide the countries but he was mixed

2203

01:20:31,830 --> 01:20:29,760

feelings about that he did the deal

2204

01:20:33,590 --> 01:20:31,840

with people that he didn't agree with in

2205

01:20:35,350 --> 01:20:33,600

the parliament in order to get things

2206

01:20:36,629 --> 01:20:35,360

done he did the deal with the british

2207

01:20:37,669 --> 01:20:36,639

empire and you know they didn't just

2208

01:20:40,950 --> 01:20:37,679

come down and

2209

01:20:42,709 --> 01:20:40,960

bow down to gandhi he was he was under

2210

01:20:45,030 --> 01:20:42,719

he was a man of the world in a lot of

2211

01:20:48,390 --> 01:20:45,040

ways he was an attorney by training

2212

01:20:49,990 --> 01:20:48,400

but he said good always wins out

2213

01:20:51,990 --> 01:20:50,000

and he said it from a practical stand

2214

01:20:56,870 --> 01:20:52,000

because no no wait

2215

01:20:59,270 --> 01:20:56,880

look at history good always wins out

2216

01:21:00,149 --> 01:20:59,280

and then i think is the essence that i

2217

01:21:03,430 --> 01:21:00,159

take away

2218

01:21:06,390 --> 01:21:03,440

from what you're saying is that you know

2219

01:21:08,149 --> 01:21:06,400

there in our human nature we do have

2220

01:21:10,070 --> 01:21:08,159

that potential so we see the potential

2221

01:21:10,790 --> 01:21:10,080

for evil and sometimes we focus too much

2222

01:21:13,510 --> 01:21:10,800

on that

2223

01:21:15,590 --> 01:21:13,520

but maybe that's what i'm saying and

2224

01:21:17,270 --> 01:21:15,600

you're at least open to the idea

2225

01:21:18,950 --> 01:21:17,280

there's a hell of a lot of good and a

2226

01:21:20,629 --> 01:21:18,960

hell of a lot of people and it comes

2227

01:21:23,350 --> 01:21:20,639

through in some pretty

2228

01:21:24,149 --> 01:21:23,360

unusual ways that we might not identify

2229

01:21:26,550 --> 01:21:24,159

as good

2230

01:21:27,350 --> 01:21:26,560

and maybe part of our challenge is to

2231

01:21:30,390 --> 01:21:27,360

reorient

2232

01:21:33,110 --> 01:21:30,400

ourselves to what it means to be

2233

01:21:34,229 --> 01:21:33,120

to be good in that complicated way that

2234

01:21:37,350 --> 01:21:34,239

you're talking about

2235

01:21:38,790 --> 01:21:37,360

and also practically in a very very

2236

01:21:41,270 --> 01:21:38,800

simple way

2237

01:21:43,350 --> 01:21:41,280

turn off the phones turn off the tvs

2238

01:21:44,950 --> 01:21:43,360

unplug from the mainstream messaging

2239

01:21:47,189 --> 01:21:44,960

because that's all designed to

2240

01:21:49,110 --> 01:21:47,199

whip us up into a frenzy of fear worry

2241

01:21:51,350 --> 01:21:49,120

and insecurity and panic

2242

01:21:52,470 --> 01:21:51,360

and spend time in nature in order to

2243

01:21:54,790 --> 01:21:52,480

feel what's real

2244

01:21:55,990 --> 01:21:54,800

because i contend and this is the big

2245

01:21:58,709 --> 01:21:56,000

macro spiritual

2246

01:22:00,629 --> 01:21:58,719

idea that only love is real and that's

2247

01:22:03,270 --> 01:22:00,639

what we feel in nature that's what we

2248

01:22:04,470 --> 01:22:03,280

see in animals that's what we see in

2249

01:22:06,629 --> 01:22:04,480

children

2250

01:22:07,590 --> 01:22:06,639

that's what we feel in the rhythms of

2251
01:22:09,750 --> 01:22:07,600
nature

2252
01:22:11,750 --> 01:22:09,760
and that's the preponderance of who we

2253
01:22:13,430 --> 01:22:11,760
are we have these rational minds that

2254
01:22:15,350 --> 01:22:13,440
can drive ourselves crazy

2255
01:22:16,790 --> 01:22:15,360
with with fear and security and

2256
01:22:18,950 --> 01:22:16,800
competition uh

2257
01:22:19,830 --> 01:22:18,960
that's defines human relations and

2258
01:22:22,149 --> 01:22:19,840
politics and

2259
01:22:23,830 --> 01:22:22,159
you know cultures and societies i love

2260
01:22:24,709 --> 01:22:23,840
you the quote that you just shared from

2261
01:22:27,990 --> 01:22:24,719
gandhi

2262
01:22:30,310 --> 01:22:28,000
that good always wins i liken it to all

2263
01:22:32,390 --> 01:22:30,320

the empires that have risen and fallen

2264

01:22:33,990 --> 01:22:32,400

typically it's through corruption you

2265

01:22:36,149 --> 01:22:34,000

know and then there's maybe there's a

2266

01:22:37,350 --> 01:22:36,159

revolution and maybe some do-gooders you

2267

01:22:39,110 --> 01:22:37,360

know hold the flags

2268

01:22:41,510 --> 01:22:39,120

and they quickly become as corrupted as

2269

01:22:44,070 --> 01:22:41,520

anybody who holds power over others

2270

01:22:45,350 --> 01:22:44,080

and they exploit people until that

2271

01:22:47,910 --> 01:22:45,360

collapses

2272

01:22:48,709 --> 01:22:47,920

and yet like like a snake always

2273

01:22:51,430 --> 01:22:48,719

shedding its skin

2274

01:22:54,390 --> 01:22:51,440

life always reemerges poetically i say

2275

01:22:56,229 --> 01:22:54,400

we could pave the planet with concrete

2276

01:22:57,830 --> 01:22:56,239

and a blade of grass is eventually going

2277

01:22:59,510 --> 01:22:57,840

to bust on through

2278

01:23:02,790 --> 01:22:59,520

you know and that gives that gives us

2279

01:23:05,990 --> 01:23:02,800

all hope that's the nature of reality

2280

01:23:08,149 --> 01:23:06,000

that is awesome i love that line my new

2281

01:23:09,990 --> 01:23:08,159

dharma brother i guess you've always

2282

01:23:11,590 --> 01:23:10,000

been my dharma brother i just didn't

2283

01:23:14,229 --> 01:23:11,600

realize it to know

2284

01:23:16,149 --> 01:23:14,239

what a conversation what an awesome book

2285

01:23:18,070 --> 01:23:16,159

god school 9 11 and jfk

2286

01:23:19,990 --> 01:23:18,080

the lies that are killing us and the

2287

01:23:22,950 --> 01:23:20,000

truth that sets us free

2288

01:23:24,390 --> 01:23:22,960

bruce fantastic having you on i really

2289

01:23:26,629 --> 01:23:24,400

enjoyed it

2290

01:23:28,070 --> 01:23:26,639

amen me too as well alex maybe maybe

2291

01:23:30,790 --> 01:23:28,080

this be the first of many

2292

01:23:31,270 --> 01:23:30,800

on anywhere not just on your show but

2293

01:23:33,910 --> 01:23:31,280

just

2294

01:23:35,669 --> 01:23:33,920

you know henceforth right on to that

2295

01:23:37,669 --> 01:23:35,679

thanks again to bruce to taurus for

2296

01:23:39,590 --> 01:23:37,679

joining me today on skeptico

2297

01:23:41,510 --> 01:23:39,600

the one question i tee up and there

2298

01:23:42,470 --> 01:23:41,520

could have been many but we'll start at

2299

01:23:45,510 --> 01:23:42,480

the end

2300

01:23:46,070 --> 01:23:45,520

do the rich in powerful fall in a bell

2301

01:23:48,870 --> 01:23:46,080

curve

2302

01:23:49,590 --> 01:23:48,880

distribution i like that question that's

2303

01:23:52,709 --> 01:23:49,600

a real

2304

01:23:54,470 --> 01:23:52,719

skeptico question so give me your answer

2305

01:23:56,229 --> 01:23:54,480

check out the skeptical forum track me

2306

01:23:58,470 --> 01:23:56,239

down any way you like

2307

01:23:59,270 --> 01:23:58,480

lots more to come stay with me for all

2308

01:24:17,630 --> 01:23:59,280

of that